

## DATES FOR YOUR DIARY

### MAY

#### Hawstead Community Council

Meeting - Monday 4th May, **AGM Thursday 28th May**

7.30pm in the hall. Villagers are welcome

#### Parish Council

**AGM Thursday 21st May** at 7 pm. Villagers are welcome

#### Theatre Royal Production of 'Three Men in a Boat'

Thursday 29th April. There will be an interval with wine and canapés.

#### Plant Sale - Saturday May 16th

Flowers and plants for sale plus breakfast, morning coffee and of course cakes!

### REGULAR EVENTS

**Breath Easy** - Weekly on Tuesdays 9.30 - 10.30am

**Carpet Bowls** - Weekly on Tuesdays 7.30 pm

**Craft Workshops** - Last Wednesday of the month 22nd May 2pm

For information call Ruth on 388085

**Body Synergy** - Weekly on Thursdays 7 pm

**Bingo** - Alternate Mondays - April 27th, May 11th 7.30 pm

Green nights have been cancelled due to lack of funding

### LATER IN THE YEAR

**Barn Dance** - Saturday June 13th

**A Village Party** - June date to be confirmed

**Cream Teas on the Village Green** - Sunday July 5th

**The Village fete, fruit and flower show** - Sunday 6th September

**A Tudor Supper** - Saturday November 7th

**Village Christmas Lunch** - Thursday December 17th

Editor: Geraldine West



# Hawstead Journal

For the Village by the Village

April 2009

#### Hawstead Community Council

Our Annual General meeting will take place on Thursday the 28th of May at 7.30pm.

This year John West will be standing down. John has been a very hard working member of our team; we shall miss him very much. He was our treasurer during the building of the hall and has now become a parish councillor; he will always have the best interests of the community at heart. John has served on the Community Council for seven years.

Our present secretary Sylvia Miller will remain on our team but would like to stand down from the post of secretary.

Our team at present is Sonja Monk Chair, Rosemary Harrison Dept Chair, Sylvia Miller Sec, James Bulbrook Treasurer, Ruth Mackay, Margaret Crockford, Dave Dawson and John West.

Should you like to know more about the Community Council do get in touch with any one of us.

Please do come to our AGM to find out how the hall is progressing with bookings etc. There have been quite a few improvements during the year. We shall serve some special refreshments.

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## Hawstead Community Council contd.

### The plant Sale

On Saturday the 16th of May we shall be selling plants again!

They are all growing well. Jo will have bedding plants, hardy perennials, annuals, gourds for decoration, herbs and some vegetables.

Pumpkins plants will be for sale as a competition to grow the one with widest girth. This will be judged at the fete on the 6th September.

We shall serve breakfast that morning and morning coffee.

Sonja Monk

Chair

### Dioxins in food

Dioxins are highly toxic chemicals which damage the cells in our bodies and are known to cause cancer, especially breast cancer. When food or water come into contact with plastic especially when frozen or heated, dioxins leak into the food and contaminate it. Drinking water from plastic bottles left in cars has been identified as the most common cause of breast cancer in Australia.

#### Never

- Heat food in plastic containers and especially not in a microwave or oven
- Drink water from plastic bottles that have been frozen, heated, or have been opened for any length of time
- Use cling film to cover food being cooked in a microwave
- Eat any food that has been cooked in a plastic container
- Eat or drink anything from foam/polystyrene containers
- Allow cling film to come into direct contact with the food it is covering

#### Always

- Cook food in glass, china/earthenware or stainless steel
- Remove all 'takeaway' type food from plastic containers before cooking or reheating

#### Avoid

- Using kitchen roll to cover food as it may contain harmful chemicals
- Avoid eating Chinese or Indian takeaways

### Carrot and Orange Soup

Fresh orange juice adds a fabulous fruity flavour to carrot soup in this colourful and tasty recipe from Marguerite Patten

**Servings:** 4

**Preparation Time:** 20 minutes

**Cooking Time:** 15 minutes

#### Ingredients

600ml water

450g Carrots prepared weight

1 large onion, chopped

1 sprig fresh mint

3 sage leaves

1 tbsp orange rind, grated

1 tsp salt and fresh ground black pepper

300ml fresh orange juice

#### For the garnish

1 small orange, cut into segments

3 tbsp single cream

#### Method

1. Bring the water to boiling point and add the carrots, onion, mint, sage, orange zest and seasoning.
2. Lower the heat, cover the pan and cook for 10-15 minutes, until the vegetables are tender.
3. Remove the mint and sage, transfer the soup to a blender and blend the soup until smooth.
4. If serving the soup hot, reheat, taste and adjust the seasoning. Garnish with orange segments, a sprig of mint and a swirl of cream.
5. To serve cold, chill the soup and then add the orange juice. Garnish and serve.

*Rosie*



Want to go to the cinema for free? . . . . .

Then come along to **Garland Street Film & Arts Group!**

A monthly opportunity to 'pick the bones' out of great films.

There is no admission charge and refreshments will be provided. There will also be children's activities running at the same time so you can bring the kids along too, if you want and they can be left in the crèche while you watch the film.

**Films begin at 7pm**

**2 May** *A husband and father in a WWII concentration camp in Italy communicates with his wife, protects his son, and convinces the boy it's all an elaborate game.*

**6 June** *Jim Carey doesn't have a very high opinion of God - until he gets the job of running the world!*

**4 July** *When Mel Gibson discovers a huge crop circle on his property, he prepares for an invasion from space. But where can he turn for help?*

**Venue:** Garland Street Baptist Church - located on the corner of Garland Street and Pump Lane (IP33 1HN)

Phone 01284 755576 for details

e-mail: [filmes@bsebaptists.co.uk](mailto:filmes@bsebaptists.co.uk)

### Village Lottery

#### MARCH WINNERS

**1st P PETTIT 071 £16.65**

**2nd T RUSHEN 140 £4.44**

**3rd M CROCKFORD 39 £1.11**

**If you would like to take part in the lottery,  
please contact Sylvia on 388841**

### FROM THE ARCHIVE



**The members of the Hawstead School Football Team of 1924**

**From left to right**

**Back row** - Maurice Wright, Jack Westley, Dick Hardy, Nigel Elmer, Leonard Mason, Jack Fitch.

**Front row** - Arthur Marsh, Les Westley, Les Reynolds, Jack Long, Aubrey Ashman.

*Do let us have any of your memories of the Hawstead School Team. Ed*

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On Friday, July 17<sup>th</sup> 1992, The Bury Free Press reported that motorcyclists will gather for the annual Mid-Suffolk Bike Festival at the Metcalfe Arms, Hawstead, on July 25<sup>th</sup> and 26<sup>th</sup>.

Over 200 custom and classic bikes will be on show and all proceeds go to the Children's Hospice for the Eastern Region at Milton, Cambridge.

The Brothers Grimm play blues rock supported by The Radiators on the Saturday and Booze and Blooze play on Sunday.

Camping is available and entry costs £6 for the weekend or £2 for Sunday only.

**Anna Glypta**

## May Day Morning

The fair maid who, the first of May  
Goes to the fields at break of day  
And washes in dew from the hawthorn tree  
Will ever after handsome be

May Day has been celebrated since ancient times all over Europe, and has many traditions and customs associated with it. This is the time of year when we hope for warmer weather and look forward to hearing the singing of birds and the seeing the bluebells and buttercups of the woods and fields. It is said that 'when you can put your foot on nine daisies at once, spring has come'.

This May Day morning **Green Dragon Morris** will again be welcoming the sun up. Do come and join us on this very special day.

AT: **The Hawstead end of Bells Lane,  
outside Fyletts Manor Cottages**

DATE: **Friday 1<sup>st</sup> May**

TIME: **5.15am** (sunrise is 5.20am)

AND THEN: **A scrumptious breakfast for all at  
Andy and Fran's house**

For more information contact Andy and Fran on 01284 386501.

1, Fyletts Manor Cottages, The Green, Hawstead

[evershed1@tiscali.co.uk](mailto:evershed1@tiscali.co.uk)

And over it all presided Edward. Even as Prince of Wales he was King of Society. Edward equipped Sandringham as a model shooting estate. He invited his friends to show them how it was done. And Society took the lesson to heart. The result is one of the most interesting phenomena of the age, both for sportsmen who wonder what the great days were *really* like, and for those who wonder what it was that motivated the Edwardians.

A Sandringham Game Card for 9<sup>th</sup> November 1905 records 10 guns and a daily total of 2859 kills (2728 pheasant, 11 partridge, 85 hares, 23 rabbits, 6 woodcock, 5 pigeons and 1 various)

### *Rosie*

*PS By the amount of pigeons and rabbits that our in the village I guess they are not considered "fair game" these days Maybe there is an opportunity there for someone to organise a Rabbit Shoot? ..... PLeeease!*

### Church Services at All Saints Church Hawstead

#### May

Benefice prayers - Wednesday 6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> & 27<sup>th</sup> 5pm

Said Eucharist - Sunday 10<sup>th</sup> 8.30am

Eucharist with Baptism - Sunday 24<sup>th</sup> 11am

### *Did I read that sign right??*

#### **In a Laundrette**

**AUTOMATIC WASHING MACHINES:**

PLEASE REMOVE ALL YOUR CLOTHES WHEN THE LIGHT GOES OUT

#### **In a London department store**

**BARGAIN BASEMENT UPSTAIRS**

#### **In an office**

**WOULD THE PERSON WHO TOOK THE STEP LADDER YESTERDAY PLEASE BRING IT BACK OR FURTHER STEPS WILL BE TAKEN**

**AFTER TEA BREAK STAFF SHOULD EMPTY THE TEAPOT AND STAND UPSIDE DOWN ON THE DRAINING BOARD**

### *Rosie*

## The Big Shots

Tales of Edwardian Shooting Parties

By Jonathan Garnier Ruffer

This book traces the history of the art of shooting through its most ambitious period and provides entertaining insight into the elaborate and often hilarious ritual which surrounded these parties.

### Cover Notes .....

In the second half of the nineteenth century, Society discovered a new diversion: the shooting party. The new breechloading gun made it possible to kill great numbers of birds quickly; the railways made it possible to get to country houses more conveniently. In addition, there was the presence of Edward, Prince of Wales to provide the social impetus. Shooting was a sport he loved (he once went on a bat hunt in the tomb of Rameses IV), and his friends obliged by providing as much of it as he wanted. It was a lifestyle which was peculiarly Edwardian in its seriousness of purpose and extravagance. Its exponents were men with too much time and too much money, and after a while it became a way of life, with its own exclusive standards and rules. The ladies, in the main, hated every minute.

We are told of great shots of England, like Lord Walsingham, whose overall bag, oddly, included the humming-birds for the Natural History Museum, and Lord Ripon, whose shooting was so quick that he could kill twenty-eight birds in a minute. We learn of the great shoots such as Holkham, where you stood for lunch and at certain times were not allowed to talk; and Elvedon, the home of an eccentric Indian Prince who called Queen Victoria "Mrs Fagin" because he thought that she had stolen the Koh-I-Noor diamond from him.

We see also another side: the keepers who had to sit up night after night to make sure that no harm befell the reared pheasants, and whose jobs depended on the numbers of birds that could be pushed over the guns in the space of a few short minutes; the head keepers who ruled their little kingdoms, and were prepared to call a Royal Duke a "blitherin' idiot" if they saw fit.



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## RUTH'S CRAFT WORKSHOP



### Country Sounds

*By John Edward Sharpe*

To sit in a churchyard one evening in Spring,  
As dusk descends and the bells start to ring,  
To walk in a wood on a warm Summer's day.  
And listen to magpies as they chatter away;

To pass by the mill race rushing along,  
Gurgling out its traditional song,  
To tarry awhile at the mill pool serene,  
The silence is broken by fat plopping bream;

The far distance sound of a gun on the hill,  
He creaking of sails on the rickety mill,  
The snorting of Shires as they take up the strain,  
Then the plodding of hoofs on the hard cobbled lane,  
The bark of a fox in the lee of a storm,  
The bleating of lambs just one day born,  
The clanging of churns in the old station yard,  
An old whistling porter, a shout from the guard ...

The sound of the wind in the chimney at night  
As it eddies the smoke far out of sight,  
In the dark before dawn, the patter of rain  
On the old outhouse tiles and on small window-pane ...  
These are the sounds that I most enjoy,  
I heard on the country when I was a boy.

*Rosie*