

## DATES FOR YOUR DIARY

### Thursday 18th December Annual Christmas Lunch

12:30 for 1 pm. Young and old are invited. The cost of the lunch will be met from Community Council funds. If you would like to come along please contact Rosemary on 386157

### Monday 22nd December Flowers for Christmas workshop

A demonstration and 'hands on workshop' 10 am till 1 pm - £10  
For more information and booking contact Joyce on 386314

### Wednesday 31<sup>st</sup> December New Year's Eve Bash

From 9pm. No charge. Bring a plate of food to share and something to drink

### Saturday 24th January Burn's Supper Fully Booked

### Saturday 14<sup>th</sup> February Quiz Night - Details to follow

Questions will be on the subject of Romance!

### Monday 5<sup>th</sup> January Hawstead Community Council Meeting

7.30pm Villagers are welcome

The next **Parish Council Meeting** will be held early in January - see village notice boards for date and time or call Malcolm Cornwell Chair of the Parish Council on 388142. Villagers are welcome.

## REGULAR EVENTS

### Fortnightly on Mondays Bingo Club

Next meeting Monday 22<sup>nd</sup> December. 7.30 pm. Cost £2 includes refreshments and £2 per game. Just come along or contact Sonja on 386876 for more information.

### Weekly on Tuesdays Breath Easy

A blend of Yoga, Pilates and Tai Chi. £4 a session, 09:30 - 10:30  
Starts 6th January. Contact Sam on 07850207365

### Weekly on Tuesdays Carpet Bowls

7.30 - 9.30 pm - Cost £2 including tea and biscuits + joining fee

### Weekly on Thursdays Body Synergy

A blend of Yoga, Pilates and Tai Chi. £4 per session 7.00 - 8.00 pm  
Call Katie Pruden on 07795 282928

Editor: Geraldine West



# Hawstead Journal

For the Village by the Village

December 2008

HAWSTEAD COMMUNITY COUNCIL



We wish you a  
**VERY HAPPY CHRISTMAS and**  
**a HAPPY AND HEALTHY**  
**NEW YEAR**

We are very pleased that Geraldine has decided to take on the village journal. It has been missed. The Community Council has been very grateful to Malcolm for all his efforts over the last year in getting it to us in good time every time. Just who is Rosie Greengrass?

**The Christmas lunch** will be in the hall for the first time for six years! This will be on Thursday the 18<sup>th</sup> 12.30pm for 1 o'clock. Everyone is invited. The tree is already in place.

**New Year's Eve** don't sit at home watching some boring television come and join your friends and neighbours in the hall for a bit of a bash. Bring a plate of food to share and something to drink. We shall supply some fun and games!! Someone, who has been learning to play the bagpipes, might just be able to play Auld Lang Sign to welcome in 2009.

From 9pm - A definition of a Scottish gentleman: someone who can play the pipes but chooses not to!

There will be another **fitness class** beginning in January on Tuesday mornings. Breath Easy will be taken by Sam Reid, to book a place with Sam call 07850 207365. This class will cost £4.

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## HAWSTEAD COMMUNITY NEWS —Contd

We are looking forward to celebrating **Burn's night** in January. The tickets for that were very quickly taken up.

The **quiz night** was a good evening, with fish and chips organized by Dave and Sandy Dawson. The questions were a bit hard though. We plan to hold another on the 14th February with questions based on the subject of romance.

The next meeting of the **Community Council** will be on the 5<sup>th</sup> January in the meeting room at 7.30pm. You are most welcome.

Thank you for all your support throughout the year.

**Sonja Monk**

**Chair Hawstead Community Council**

## HAWSTEAD CARPET BOWLS CLUB

On Tuesday 17th June we met for the first time in the new village hall. A few of us (like myself) had never played before and were therefore conscious of the fact that we would probably make complete fools of ourselves but I am glad to say this wasn't the case at all. We had a really smashing time. Those members who had been playing for many years in the old village hall were very kind and guided us through the rules of the game. I really stood back in amazement at how well our experienced members played - I just hope one day I will be able to gain their skills!

We meet every Tuesday at 7.30 p.m. and play until 9.30 p.m. At half-time we have a very welcome cuppa and biscuit. At the moment we are playing friendly games between ourselves but we hope to play matches with other villages in the future.

Our membership has now reached 23 and we would really welcome anybody who would like to come along. I know you would enjoy it.

**Rosemary Harrison.**

## Church Services at All Saints Church Hawstead

### December



Wednesday 17 <sup>th</sup>	5pm	Benefice Prayers
Saturday 20 <sup>th</sup>	11am	Baptism Service
Sunday 21 <sup>st</sup>	6pm	Carols & Readings
<i>Christmas Day</i>	11am	Christmas Family Worship
Wednesday 31 <sup>st</sup>	5pm	Benefice Prayers

Benefice prayers every Wednesday at 5pm except Weds 24th December

**We can't waste food**



## Village Lottery

### NOVEMBER WINNERS

**1st 026 J WEST £17.10**

**2nd 118 ROSEMARY CARR £4.56**

**3rd 040 N GIBBS £1.14**

**If you would like to take part in the lottery,  
please contact Sylvia on 388841**

## RURAL NEIGHBOURHOOD POLICE TEAM

We are providing free **purse bells**. Just hook one onto your purse and then you'll hear if anyone is dipping into your bag and trying to snatch your money.

**Horse and Farm Watch** has been very successful this year. The larger the network is, the better the service works, so if you are a horse and/or farm owner and are not a member, please consider joining.

We hope you have a safe, successful and prosperous New Year.

### PC Debs Carroll-Beer

01284 774100 e.mail [stedsruralsouth.snt@suffolk.pnn.police.uk](mailto:stedsruralsouth.snt@suffolk.pnn.police.uk)

Visit your local Neighbourhood Policing website is [www.onesuffolk.co.uk/SaferSuffolk](http://www.onesuffolk.co.uk/SaferSuffolk)

## FROM THE ARCHIVE

### The Times. October 15, 1930

While Lieutenant-Colonel Harold Hambro was hunting yesterday morning at Hawstead, near Bury St. Edmunds with the Suffolk Foxhounds, of which he is the Master, his horse fell at a ditch and rolled on him. He escaped with severe bruises.



### The Times, December 7, 1950

Five thousand crates of mistletoe from St. Malo arrived at Southampton yesterday.

With the ground white with snow, a field of seed mustard has been successfully cut with a binder by Mr. Maurice Wright at Briars Farm, Hawstead, near Bury St. Edmunds.

Lord Rowallan, Chief Scout of the British empire, arrived at London airport yesterday after nine weeks in Kenya, Tanganyika and Uganda inspecting scout activities.

### Anna Glypta

## Wood - free to a good home

We have a large quantity of used wooden decking, of varying lengths and thicknesses including some large supporting joists. It would be suitable for fencing and garden projects and for burning on an enclosed wood burner but not an open fire as it has been treated with preservatives.

If you would like to have a look at it, call 388732

## HAWSTEAD COMMUNITY COUNCIL—Treasurer's Report

When I joined the Community Council earlier this year, John West asked me what I did for a living and was only too pleased to hear I was an accountant. Thus my time as a general committee member was limited to one month, before the Council honoured me by offering me the position of Treasurer.

I would like to thank all the committee members for all their hard work over the period of the build of our village hall, but especially John for leaving the books in such a tidy manner.

So far this year (April – November) if the costs of the build are excluded from the expenditure figures, then I am glad to report that our income exceeds our expenditure, which allows us to consider further items to equip the hall, such as a microwave, a hot cupboard and hopefully in the new year, some new tables. This will depend however on people using the hall. Even more pleasing was the fact that the construction of the hall came in within budget.

Now we have our wonderful new hall, it needs to be used, so please if you have any ideas for regular use, or just one-off events, please contact any member of the committee.

**James Bulbrook**

## SAVE SOME MONEY

In these difficult times it's good to have a source of money saving ideas and tips. If you don't already get it, sign up for [www.moneysavingexpert.com](http://www.moneysavingexpert.com)'s weekly newsletter giving tips and advice on everything from groceries to travel.

This week's letter had advice on the VAT reduction, Premium Bonds, one day sales, discount shopping vouchers, discount restaurant vouchers, Christmas bargains, credit card deals and much more.

I just saved a load of money switching electricity companies and got a cheque for £15 for doing it.

Why not give it a try.

## Pomegranate chicken

A delicious and unusual dish - tangy with a subtle sourness

Serves: 6-8

Preparation time: 10 min, plus marinating

Cooking time: 50 min



### Ingredients

1kg chicken joints, skinned and pierced with a fork  
2-4 indian or finger green chillies, whole or slit  
150ml water  
1 large handful fresh coriander, leaves and stalks, chopped  
1 fresh pomegranates, seeds only, to garnish

### For the marinade

30g garlic cloves, peeled  
30g fresh ginger, peeled  
1.5 tsp salt  
1.5 tbsps ground coriander  
1.5 tbsps dried pomegranate powder (from Indian shops or specialist websites)  
2 tbsps vegetable oil  
1.5 tsp garam masala  
150ml water

### Method

Using a blender, make a paste of all the marinade ingredients and place them in a non-metallic bowl with the chicken. Cover and marinate in a cool place overnight is best. Bring back to room temperature before cooking.

2. Place the chicken and marinade in a large non-stick pan with the green chillies and the water. Bring to a boil, cover and cook over low heat for 20-25 minutes. Stirring occasionally. Add more water if needed.

3. Remove the lid and reduce excess liquid by cooking over a high heat. Stir to prevent the chicken sticking to the pan. When the required consistency has been reached, adjust seasoning and tartness, adding more dried pomegranate powder if needed.

Stir in the fresh coriander and garnish with fresh pomegranate seeds.

Ann and Norman Gibbs

Recipe by Anjum Anand [www.uktvfood.co.uk](http://www.uktvfood.co.uk)

## Welcome to Hawstead

### Liz and James Bulbrook

It does not seem possible, but it is now almost a year since Liz and I moved into the village, along with our two dogs, Casper and Yogi. Casper unfortunately passed away at Easter, so now there are just the three of us.

Both of us have lived locally since the late 1960's although Liz originates from Cheshire and I come from Buckinghamshire.

Liz is a hardworking director of an animal feed company based down in Essex, whilst I am the accountant of a company based near Ely. When not at work, Liz spends all her time with her two horses based over in Somerton.

### Liz and James

#### Visit the Village Websites

[www.hawsteadvillagehall.co.uk](http://www.hawsteadvillagehall.co.uk) for all the information you need about the village hall booking procedures together with a calendar of events.

[www.onesuffolk.co.uk/hawsteadpc](http://www.onesuffolk.co.uk/hawsteadpc)—this is the Parish Council website which is still being developed.

Many thanks to Bruce Monk and Paul Caldwell for their work in developing these websites.

## THE HAWSTEAD JOURNAL

Do please consider contributing to the Journal, if possible on a regular basis - items of news, anecdotes, jokes, nature notes, things for sale or wanted, poetry, book reviews, photos, recipes .....etc Please send them to me at [geraldinewest@waitrose.com](mailto:geraldinewest@waitrose.com), or post them through the door - Kellycroft, The Green, opposite the village Hall, or telephone me on 388732.

### A strange phone call

A villager recently received a phone call from someone who said he was from an organisation called Accident Compensation Services. The caller said that if anyone had had an accident in the last three years he could help them to obtain compensation. He attempted persistently to extract personal details and it is likely that this was the real purpose of the call.

So be warned.