

REGULAR EVENTS

Breathe Easy	Weekly on Tuesdays 9.15 - 10.15 am
Carpet Bowls	Weekly on Tuesdays 7.30 pm
Reading Group	1st Wednesday of the month 7.30 pm <i>(held in members' homes)</i>
HATS (Wine Club)	Last Thursday of the month 8.00 pm <i>(not December)</i>
Hawstead Craft Group	Last Monday of the month 10am - 4pm <i>(not December)</i>
Hawstead Oil Buying Group	Orders placed end of each month <i>(contact Jacquie Milns 01359 233143 email: richardmilns@gmail.com)</i>

HAWSTEAD PARISH COUNCIL MEETING DATES

Meetings held at the Village Hall unless otherwise stated
Everyone is warmly welcome to attend, in fact you are positively encouraged to come!

Meetings held bi-monthly on the third Thursday of the month at 7.30pm.
Dates arranged are:

16th July
17th September
19th November

FORTHCOMING DATES FOR YOUR DIARY

In the Village Hall unless otherwise stated.

Parish Council Meeting	16th July - 7.30pm
Black Heart Concert	18th July - 7.30pm
Craft Day	27th July - 10am - 4pm
Proposed Kids Craft Day	27th July - 10am - 4pm
Hawstead Fine Art Fair	5th - 12th August
Craft Day	24th August - 10am - 4pm
Proposed Kids Craft Day	24th August - 10am - 3pm
Hawstead Village Fête	6th September from 2pm
Macmillan Coffee Morning	3rd October 10.30am - 12.30pm
Fizz on Friday	11th September 7pm - 10.30pm
Pantomime at The Theatre Royal	28th December <i>(Jack and the Beanstalk)</i>

HAWSTEAD VILLAGE HALL



BEAUTIFUL OAK-BEAMED HALL WITH KITCHEN, MEETING ROOM AND OUTSIDE PLAY AREA IN A RURAL SETTING

... available to hire for all celebrations, business meetings and club events (up to 100 guests standing or 80 seated). Facilities include a kitchen with optional crockery, cutlery and linen hire, internet access, drop-down projection screen, sound system and separate meeting room. Cleaning service included.

See our website for hire rates

WWW.HAWSTEADVILLAGEHALL.CO.UK

For bookings enquiries, please contact Emma Halton on 01284 386515 or e.hatton924@btinternet.com

HAWSTEAD JOURNAL

Editors: Judy & Dave Carter

THE NEXT BIG EVENT!
COME AND SUPPORT THIS FABULOUS DUO

HAWSTEAD VILLAGE HALL

Saturday 18 July 2015



blackheart

the beautifully acoustic tour

Enjoy an intimate concert of electrifying acoustic music with Blackheart, Winners of Best British Duo in the Exposure Music Awards 2014

Tickets
£10 in advance • £12.50 on the door

For tickets contact Jo Butt on
joandstevbutt@yahoo.co.uk or 01284 388817
Doors open 7.30pm • Concert 8-10pm
Licensed bar and bar snacks

www.blackheartmusic.co.uk

CHURCH SERVICES - HAWSTEAD UNLESS OTHERWISE STATED

JULY

Sunday 12th	08.30	Said Eucharist
Sunday 26th	11.00	Morning Prayer

AUGUST

Sunday 9th	08.30	Said Eucharist
Sunday 23rd	11.00	Morning Prayer

HAWSTEAD COMMUNITY COUNCIL

The Hawstead Community Council has seven members. We meet once a month and our job is to attend to the upkeep of the village hall, to oversee the various activities held in the hall and generally to liaise with the Parish Council and the villagers to ensure that we all enjoy the village hall and its beautiful surroundings.



I have been Secretary of the Community Council for many years now and feel it is time I handed over to someone else. We therefore need a new Secretary and we also need more members of the Council.

New members mean new ideas and a fresh outlook on our decisions. I am sure you would enjoy being part of our team.

If you feel you would like to join us please either contact me at mharrison151@btinternet.com or on 01284 386157 or Simon Miller at simon.j.miller@talktalk.net or on 01284 388841.

Looking forward to hearing from you.

Rosemary Harrison

HAWSTEAD COMMUNITY COUNCIL - LOCALITY GRANT

Last year the Community Council received a £500 grant from our local Borough Councillor's locality allowance to purchase new equipment for the village hall. We bought a circular picnic bench and a projector screen. This year Angela Rushen is again offering us a similar sum to be used for something that will benefit the village as a whole.

There are some basic rules as to how the money can be spent but it could be used for example, on some equipment, an event, to promote a new club, or a social group. At this stage, we are seeking your ideas for a suitable project. Please contact Rosemary or Simon with your ideas.

Rosemary Harrison

HAWSTEAD CRAFT GROUP

The dates for the next two meetings are Monday 27th July and Monday 24th August at the Village hall from 10am to around 4pm.

All are welcome. Please feel free to come along and be crafty!!!!

If you need any more details contact Jo on 388817 or joandstevebutt@yahoo.co.uk.

Jo Butt

HAWSTEAD READING GROUP

Our **May** meeting was held at Suzie Surti's where we were courteously greeted by her two lovely daughters and enjoyed Puttanesca pastries and fruit cups.

Our book this month was "The Shoemaker's Wife" by Adriana Trigiani. This epic tale is about two young Italian lovers, Enza, a practical girl born into poverty and Ciro, a dreamer raised in a convent orphanage in the first half of the 20th Century. For the next few decades their paths continually cross - from the Italian Alps to New York City - against a backdrop of war, poverty, enterprise and heartache as both of them try to achieve the American dream. Although easy to read the book is rather contrived and the characters a bit "too good to be true!" but it did give the reader an insight into the early days of immigration and the rigours of Ellis Island.

In **June** we met at Angela Parrett's where we sat in her conservatory overlooking her lovely garden and enjoyed tapenade nibbles and home-made biscuits. Our book for discussion was "The Other Hand" by Chris Cleave.

Nominated for the Costa Book awards in 2008, this book is about Little Bee, a young Nigerian refugee, who has just been released from the British Immigration centre where she has been held for the past two years after narrowly escaping a traumatic fate in her homeland of Nigeria. Alone in a foreign country she seeks out the only person she knows, Sarah, a posh young mother and magazine editor with whom Little Bee shares a dark and tumultuous past.

This is a very powerful book which explores the treatment of refugees by the asylum system, as well as issues of British colonisation, political violence and personal accountability. We all found the book very moving and unlike other books we have read. After much discussion and debate it was agreed that we were less sympathetic towards the characters, apart from Little Bee, than we first thought.

It is interesting that on the 17th June the first Independent anti- slave commissioner has said "clamping down on the problem of Nigerians being trafficked to the U.K. is a main priority" So there are lots of Little Bees being exploited in our country today! Our next meeting will be at Ruth Mackay's on 1st July when we shall be discussing "Gone Girl" by Gillian Flynn.

Ann Gibbs

MURDER MOST FOWL

A spate of fowl murders has been occurring around The Pound in Hawstead over the past few months. It's easy to blame the wily fox, but we think it could be something smaller. A massacre (all killed, throats ripped, one head eaten, no bodies taken) of all six chickens at one property on 22 March has now been followed by three (so far; just feathers/a wing left) within 2 weeks at a neighbouring property.

Has anyone else had a problem this spring/summer, or do you have experience with traps? If you have any information, the Campaign Opposing Chicken Killers (COCK) would like to hear from you.

Please contact Rebecca on becpop@icloud.com or Susanne on susanne@pamplin.me.uk.



HAWSTEAD APPRECIATION AND TASTING SOCIETY (HATS)

Both our April and May meetings featured a plethora of French Wines. On 30th April we had a most informative session hosted by Richard and Penny. Several of their wines were bought in France and Belgium, which showed us what good value it is to purchase wines on the continent. Interestingly the most expensive, a Chablis, (albeit purchased in the U.K.) was given the lowest mark of the evening. The wine voted the best on the night was a 2010 Tempranillo, which was very reasonably priced at £5.79.

Andy and Angela at their tasting on 28th May concentrated on wines from the Languedoc-Roussillon regions. Most of these had been purchased in France, which reinforced once again what bargains you can get there! A Muscat Pays d'Oc at a mere €3.50 was an absolute bargain and was given our top rating. In contrast the red most enjoyed by us was a Pezenas 2013 containing a variety of grapes including Syrah, Carignan, Grenache and Mourvedre. This was considerably more expensive at £9.99, but worth it for a special occasion.

Instead of our June meeting we will be holding our annual dinner at Bury Golf Club – an evening eagerly anticipated by all our members. The weather looks set to be beautiful to enjoy our Champagne and Canapé outside.

Judy Carter

HAWSTEAD'S HEART DEFIBRILLATOR

We would like to thank those who generously funded the defibrillator:

Taff Gillingham, Khaki Devil Ltd	Penny Barham, Hawstead Hall Physiotherapy	Toby East, Hadley Marquees (UK) Ltd
Hayley & Henry Brewis	The Bovill family	Rosemary & Michael Harrison
Jayne & Paul Robertson	Janet & Andy Taplin	Geraldine & John West
Hawstead Bowls Club	Hawstead Community Council	Hawstead Parish Council

Our thanks also to all of you who have helped in other ways including **Dave Dawson** our fitter, **Liam Nicholl** our electrician, **Joan Baker** our 'tea lady' and **Lucy Brewis** our photographer.

We would also like to thank **Martin Render** and the **Community Heartbeat Trust** for all their advice and for their on-going support.

Jayne Robertson and Geraldine West
On behalf of Hawstead Parish Council



The Defibrillator Launch 23rd May

We were very fortunate to have **Patrick Peal**, the Chief Executive of the East of England Air Ambulance, to officially launch our defibrillator. He described the defibrillator as our very own time machine – providing time to save lives. **Martin Render** from the Community Heartbeat Trust and representatives from the East Anglian Ambulance Service, The British Heart Foundation and the police also attended this event.



THEIR LIFE.
YOUR HANDS.

The Awareness event 18th June

Martin Render from the Community Heartbeat Trust led this event supported by Keith Marshall of the East Anglian Ambulance Service.

The clear message from the evening is that *anything* we do, however amateurish, to keep the patient alive until the ambulance arrives, will be better than nothing. We must not be too nervous, or too embarrassed to act. It is not possible to do harm to either the patient or helpers with this very sophisticated piece of equipment.



We were given some statistics:

- Over 85,000 people die in the UK every year from sudden cardiac arrest. There were 322 fire-related deaths in the UK last year. Defibrillators must one day be as common as fire extinguishers!
- The average age of those who die from sudden cardiac arrest is 33.
- People will not survive if CPR and/or defibrillation is not given within 6 – 10 minutes.

Please will you consider being a 'First Responder'

We are looking for 10 or 12 people who would be prepared, in the event of an emergency, to get the defibrillator from the village hall and take it to the patient. They will hold the code for the cabinet, must have transport available and be happy for their phone numbers and location to be made known to villagers.

We are hoping to provide basic life-saving training for volunteers.

Please contact me if you are interested or would like more information.

Geraldine West
388732 geraldinewest@waitrose.com

For more information about defibrillators and how to use one, visit <http://www.eastamb.nhs.uk/get-involved/Community-Public-Access-Defibrillators.htm>

As a postscript I would like, on behalf of the village, to say a huge **thank you** to Geraldine and Jayne for all their efforts in making such a worthwhile piece of equipment available to us all. Hopefully it will never be used!

Judy Carter

KIDS CRAFT SUMMER DAYS

We will be holding a couple of Craft days for the children in the village hall during the summer holidays.

We are hoping to run these on Monday 27th July and Monday 24th August between 10am and 3pm.

Lots of fun crafty things are planned and we hope to inspire the youngsters to make things that they can then enter into the Flower and Produce Show at the Village Fete.

Please could you let me know if your children would like to come along to either of these days. Boys and girls of all ages are welcome but under 5's would need a parent to come along with them.

You can contact me by email joandsevetbutt@yahoo.co.uk or phone 01284 388817.

Jo Butt

HAWSTEAD FINE ART FAIR

Hawstead Village Hall
The Green
Bury St Edmunds
IP29 5NP

5 – 12 August 2015

Open to the public Thursday, 6 August; 10am – 5.30pm daily

An exhibition of paintings, drawings, photography and sculpture by artists aged 16 and over, supported by Hawstead Community Council, in aid of The Prince's Foundation for Children and the Arts.

Featuring **ART IN ACTION:**

See local artist Bill Crockford painting on site!



Private View on 5 August (by invitation only) kindly sponsored by Bedfords Estate Agents.

Bedfords
est. 1966



MACMILLAN COFFEE MORNING - COMING SOON

AN INVITATION

MANY OF US KNOW SOMEONE WHO HAS OR HAS HAD CANCER.

PLEASE COME AND ENJOY A CUP OF COFFEE OR TEA, CAKE AND A CHAT TO HELP US RAISE MONEY FOR MACMILLAN CANCER SUPPORT



WE ARE MACMILLAN.
CANCER SUPPORT

PUT A SMILE ON YOUR MUG!

ON SATURDAY 3rd OCTOBER 2015

10.30 A.M - 12.30 P.M. IN HAWSTEAD VILLAGE HALL.

WE WOULD BE VERY GRATEFUL TO RECEIVE DONATIONS OF CAKES AND ANY PRESERVES AND ANY UNWANTED ITEMS THAT YOU MAY HAVE FOR THE TOMBOLA.

FOR FURTHER INFORMATION OR COLLECTION OF ITEMS, PLEASE CONTACT JOYCE DAINTY 01284 386314

WE WOULD LOVE TO SEE YOU THERE.

HAWSTEAD BARBEQUE JUNE 27TH

We were blessed with a glorious summer evening for this very well attended event.

On behalf of all the villagers (and others) who came along to enjoy the occasion, a huge thank you to the Community Council for making it possible.

Special thanks must go to Susanne, Chris and Hannah, Jo and Steve and Rosemary and Michael. From the initial advertising, ticket production and selling, purchasing food and drink and all the jobs behind the scenes, they beavered away tirelessly! Without them there would have been no village gathering. They were ably helped by Liz and Alf Dawson with setting up and clearing away on the night.

The delicious desserts were provided by many ladies too numerous to mention, but you know who you are!

The usual high standard of BBQ cooking was delivered by Steve and Chris.

Once again the hall looked spectacular with some very pretty lights dotted around.

Thank you from everyone who attended.



HAWSTEAD VILLAGE FETE & PRODUCE SHOW- 6TH SEPTEMBER



HAWSTEAD VILLAGE FETE

PRODUCE SHOW 2015

Our 2015 Produce Show could be the last unless villagers support it by entering classes. Please look at the Class List and see which classes you and/or a family member can enter.

DONATIONS WELCOMED

Please start collecting... **Books** • Adult & Child **Tombola Prizes** • **Silent Auction** Lots • **Bric-a-brac** & **White Elephant**. Drop off at the Village Hall (when it's open!) or Park House, Hawstead, IP29 5NL. (**Cakes/biscuits** welcomed on Sat 5 and Sun 6 September, please.)

HELP NEEDED TOO

Please contact Susanne (susanne@pamplin.me.uk or 01284 388166) to offer your time manning a stall for a while. Our thanks to those who have already volunteered.

Rotary Club of Bury St Edmunds Abbey
invites you to...



Fizz On Friday with music and supper

In aid of Bury Women's Refuge and Rotary charities
Sponsored by Ashton KCJ

Friday 11th September 7.00 - 10.30pm

At the beautiful Hawstead Village Hall on The Green, Hawstead IP29 5NP

Enjoy an evening of drinks and good food with music from John Catlow (cello), Imogen Ridge (harp), James Hogg (guitar), The Piper Ensemble, Thorpe Bailey (modern folk duo), Sophie Clare & Emily Scott, and singers from Bury Operatic Society accompanied by Christopher Moore.

Tickets £20.00

Children £7.50

includes drinks and supper - lasagne, salad and dessert

For tickets and further information contact Bridget Alexander.

Tel: 01284 749009

Email: bridgetalexander6@hotmail.com

AshtonKCJ



BOOK STALL

Now is the time to start turning out and saving your books, preferably paper backs, for the Book Stall. We also want DVDs and CDs please. We regret we cannot take magazines, VHS tapes or vinyl records.

How about clearing some space on your shelves? Please either drop your books off at the Village Hall when it is open or bring them round to me at Ballacraire, The Pound.

Thank you

Rosemary Harrison (01284 386157).

HAWSTEAD FLOWER AND PRODUCE SHOW

The Hawstead Flower and Produce Show has been a stalwart of our September village fete for over 40 years, with many of the cups and trophies donated by some of our long-term residents. There has been a great tradition of rivalry for some of the trophies, especially the Pewter Cup for the best onions!

Unfortunately over the past few years the interest and number of entries for the show has dwindled. We understand that perhaps people don't grow as many vegetables and flowers as they once did, and that maybe they don't know the correct way to prepare vegetables for the show. To try to keep this long-standing tradition alive, this year we will be reducing the number of classes and trying some new and more novelty classes, including 'a men's cake', 'best misshapen vegetable', 'an animal made from vegetables' (they don't need to be home grown), and several others.

So when the schedule drops through your letter box in August, please have a good look through it and see if there are some classes that you – or anyone in your family – could enter. There will, hopefully, be something for everyone of all ages.

The children will have their own section with various classes including art, crafts and baking. And they'll be competing for our newest trophy, the 'Sonja Cup'.

It would be a great shame if this village tradition came to an end, but unfortunately it will do if we as a village don't support the Flower & Produce Show in 2015.



'BIRTHDAY BOY'. CAN YOU SPOT YOURSELF AT THE EVENT OF THE YEAR?

Congratulations Roger!



The Hawstead Journal was kindly sponsored this month by Alan & Amanda Brown of "Broadwater House", The Pound.

**VOLUNTEER/S WANTED
TO PRODUCE THE NEXT EDITION
OF THE JOURNAL SEPTEMBER / OCTOBER 2015.**

This could be a new or past editor!

(Assistance will be provided when possible)

Please contact Judy or David judy@mmgd.co.uk, 01284 386512

If you would like to sponsor the Journal for one edition, please contact Judy.

Judy Carter - Oakhill House, Pinford End, Tel: 01284 386512 or judy@mmgd.co.uk