



This walk is about 4 miles long and can easily be completed in a couple of hours. Start anywhere along the road in Shimpling where you can find a suitable place to park (eg near The Bush public house). Walk along the street in a westerly direction and turn left down Gents Lane. As this road bends to the right, keep straight ahead past a house on your left and along a grass track across open fields. This path is quite clear and will take you down to Shimplingthorne where you join a private road. Keep going ahead in the same direction with some buildings on your left (you may be guided to the right round the back of some other buildings) and you'll soon be on the left side of a field with woodland on your left. At the end of the woodland a gap in a hedge enables a turn to the left and the path continues along the southern edge of the woodland (which is called ' Alpheton Hall Wood').

At the end of the wood continue along the edge of the field with a hedge on your left and follow the boundary when it turns right at a corner. A few hundred yards further, you'll find a gap in the hedge: take this and cross a cultivated field along a clearly-marked path towards the back gardens of houses in Alpheton. Having reached a tall conifer hedge, you'll see a bench which might be an excuse for a short rest: a little beyond this you need to turn left along the side of a garden and through the gate to reach the main road. Turn left along the footpath on the side of the road and when this ends, cross to the other side and continue down to where a side road goes to the right at an angle. With houses on the right, continue along this road for a short distance and just before the Alpheton Village Hall, go left along a waymarked footpath. This takes you back to the main road which you should cross to a continuation of the footpath on the other side. This easy-to-follow track (part of 'St Edmund's Way') winds around the sides of several fields but as you approach the buildings of Shimpling Park Farm bear off to the right on a track along the side of a wood. After the wood, you need to bear left off this track, going directly north for a while till there's a right-angled turn to the left. You shortly come to the access road for Shimpling Park Farm. You could turn right here and follow the access road to reach the public road. A left turn will take you back into Shimpling. Otherwise, cross the access road and continue westerly with a moat on your left: at the end of the field you can either go right to gain the Shimpling road (as indicated on the map on the previous page) – or continue into the next field and follow the path as it bends round the side of the field, into a second one and then comes to the road in the middle of the village.