

The Village Voice



Photo: Hannah Pamplin

Welcome to our village newsletter

Thank you for all your kind words about the Village Voice. It's so lovely that we can all share and spread a little happiness during this time when negativity and angst seem to have become the norm.

We've included some updated notices about food deliveries to the village hall, so please take the time to look at those. A massive thank you to Susanne White who has tirelessly ensured the village is well supplied. Susanne has also sent a very exciting email around about a mobile pizza delivery on April 14th.

There are some brilliant contributions in this issue, with fantastic quizzes, kids' activities and some excellent gardening advice. By the time we all emerge from isolation, we'll all have beautifully manicured and immaculate gardens, which is something to be very joyful about.

If you'd like to contribute, we'd love to hear from you. We have no agenda other than to be a platform for our community to share positive news, ideas and thoughts. Similarly, if there's anything specific you'd like to see included, please let us know. You can send your contributions, feedback and comments to me (Anne East) at:

anneng100@googlemail.com

We've also been updating the Hawstead Journal Online Facebook page, so if you haven't seen and started following it yet, why not take a look? It's a little empty at the moment, but Susanne and I are adding content as and when we can. You can also get involved and add posts on the page, as well as share information (subject to administrator approval).

How does your garden grow?

If you haven't previously been able to dedicate time to tend your garden, now is probably the best opportunity you'll ever get!

Here, Andy Evershed gives us some insight into what we should be doing right now.



Hawstead Village Hall

Please note that the **VILLAGE HALL IS CURRENTLY CLOSED**. It is being used twice weekly for community food deliveries. Please contact bookings@hawsteadvillagehall.co.uk if you have any enquiries or requests.

Please **DO NOT USE THE VILLAGE HALL CAR PARK AS OVERFLOW PERSONAL PARKING AT ANY TIME**. The bottle bank is emptied regularly and the whole car park surface and surrounds are due to be refurbished in the next few weeks.

Hawstead Play Area

The play area adjacent to the village hall is **CLOSED until further notice**. Please ensure all village children understand the reasons and play elsewhere.



We find ourselves in a very unusual situation. Most of the Hawstead village residents, indeed, most of the residents of the entire country, are on 'gardening leave'!

Whatever can we find to do? ***How about some gardening?***

This is a great time of year to have a little catch up in the garden, do those jobs you didn't quite get around to in the autumn. In my case, this includes, and I hate to admit this, cleaning the grass clippings from the last cut of autumn off the blades of the mower and giving all the bearings a good dose of grease. The first cut of the year, if you have not already done it, should be done now with the blades set fairly high. ***The edges of the lawns can be clipped, which gives a surprisingly tidy appearance to the whole garden.***

Everything in the garden is starting to grow now, and those plants that have been left for ***winter stem colour can be cut back***. These include dogwoods and willows, both of which are just starting to produce new yellow/green leaves. In some ways, it's a pity to cut these plants back as we will also remove the new shoots. They can look stunning with the low morning and evening sun shining through them and contrasting with the stems, which still retain the bright bark. But it has to be done so that the new stems that will grow during the coming summer will be there to please us all next winter when there may be little other colour in the garden.



In view of the strange situation in which we currently find ourselves, it's perhaps not surprising to find that many people are trying, some for the first time, to grow their own vegetables.

Services

Medication

Angel Hill Surgery

Bury St Edmunds

A villager working at the surgery is happy to bring your medication to the village hall or your local Hawstead community volunteer. If you'd like this service, please contact

Susanne White:

susanne@pamplin.me.uk

Victoria Surgery

Bury St Edmunds

If you are elderly or self-isolating and need your medication delivered, please contact the surgery's dispensary team between 2pm and 6pm

Tel: 01284 725550

Village volunteers can also collect medications

Post Office & Newspaper Delivery

Sicklesmere Stores

01284 386303

Open every day 9am–12pm

How does your garden grow? *cont...*

Easter is the traditional time to plant potatoes, and the garden centres still had stock of seed potatoes a couple of weeks ago before they closed for business. Stock may still be available online, but many sellers are 'experiencing unusual demand' and you may have to wait for new stock to become available.

The same applies to vegetable seeds, which are currently in short supply (a 2 hour wait to even get onto a website of one company I tried earlier in the week). Potatoes can, of course, be grown from supermarket spuds if seed potatoes are unavailable, but there is a small risk that disease may be present which might affect yields (not talking about Covid 19 here, just things that affect potatoes!) and they may grow more slowly.

The lack of vegetable seed is more of a problem because some varieties may not be available at all. ***I'm wondering if there may be any possibility of villagers donating any surplus to others who might need them?***



A first sowing of carrots, beetroot, lettuce and parsnips can be made now. Carrots and lettuce, in particular, will benefit from some protection; for lettuce a plastic or glass cover will help keep the birds away from the seedlings and a beer trap will help to reduce the population of slugs.

Failing a custom-made cover, corrugated transparent roofing plastic can be used very successfully simply bent into a semi-circle and held in place with canes. Carrots can be susceptible to carrot root fly, whose larvae burrow into the roots. This can be overcome by putting a layer of fleece loosely over the plants. It's very light, and the carrot leaves will push it upwards as they grow, while the mesh is narrow enough to exclude the adult flies.

For crops needing to be planted later, such as beans, now is a very good time to start preparing the ground. Weeds should be removed, and some manure or compost sourced.

Shallots and onion sets (small immature bulbs) need to be planted. If there are none to be had, then both these crops can be grown from seed planted now. However, the resulting onion bulbs will probably be small, and shallots from seed generally produce only a single bulb rather than the group you would expect from sets. Both crops are said to benefit from a high potassium feed. Wood ash, especially from burnt small twiggy material, is sometimes recommended to supply this.

Contributor: Andy Evershed

Services

Emergency local trades

Justin Mayes

Plumber (emergencies only please)

Tel: 07825 325584

The Clean Plumber
(emergencies only please)

Tel: 07284 765453

www.thecleanplumber.co.uk

Kevin Seggie

Electrician
(emergencies only please)

Tel: 01284 830786

Tel: 07768 108157

Crafts

Snobbyeddy Crafts

Collection from Haverhill or can arrange delivery

Sewing, ceramics and lantern making kits available

Tel: 07748 125750

www.snobbyeddycrafts.co.uk

Hawstead community support... a message from the parish council

Hawstead Community Support is a group of dedicated villagers who've stepped forward to help those in need at this very difficult time. They are working hard to assist households that are self-isolating, elderly and/or vulnerable and who are unable to get help from family or friends. They will undertake tasks such as essential shopping and collecting medication.

Your volunteers are in daily contact with each other, using modern methods of instant communication, such as WhatsApp, to share information and avoid duplication of effort. They are also holding regular Zoom video conferencing calls to enable them to discuss any issues that have arisen and consider what else might be done to help.

If you, or anyone in your household, needs assistance, please contact one of the volunteers and they will do all they can to support you.

Be assured, they will always comply with the strictest safety guidelines.

Let me know if you have not received a flyer with the volunteers' contact details.

Please stay safe everyone.

John West

01284 388732

john@johnwestfinance.co.uk

Maintaining democracy thanks to technology

Despite the obvious restrictions during the current Covid-19 outbreak, the work of the Parish Council continues, albeit with the assistance of digital technology. The meeting of the 26th March was able to proceed via the Zoom video conferencing platform, thanks to Andy Taplin for organising, which enabled the agenda to be discussed and decisions made to ensure local democracy continues even in these difficult times.

Amongst the items covered were two local planning applications, various reports from outside organisations and agreement of the council's support for the Community response to the Coronavirus outbreak.

We will continue to work closely with the Community Council to help those residents who may require support and thank all the volunteers who have stepped forward. Stay safe and stay at home.

Phil Baker, Vice Chair, Hawstead Parish Council

Church Services

All face-to-face services have now been suspended, but you can still take part in virtual services

To find out more, go to the **St Edmund Way** Facebook page which can be found at: www.facebook.com/stedmundway

If you would like to speak with Rev Jeremy Parsons, you can contact him at:

Tel: 01284 846166

Email:

rector@stedmundway.uk

St Edmundsbury Cathedral live streaming daily. Go to stedscathedral.org/worship for direct links

St Edmunds Catholic Church

Watch Mass online at www.stedmundkm.org.uk/events/live-streaming-mass.php

To hear the meeting

If you'd like to listen to a recording of the meeting, it's available via this link from the parish council webpage: <http://www.hawstead-parish-council.co.uk/parish-council/pc-meeting-2020-via-zoom/>



Courtesy of Andy Parrett

Royal Mail deliveries

Royal Mail is now operating two shift patterns to comply with social distancing. It means that every other week, your postman won't start work until 8.30am so don't be surprised if the post doesn't come through your door until 5pm. This applies to everyone who is served through the Bury St Edmunds delivery office. Please pass this message on.

ASDA volunteer shopping card

This week ASDA launched a dedicated volunteer shopping card to help the many people self-isolating and unable to go out to buy their shopping. With the support of millions of volunteers, ASDA will be able to make sure its vulnerable customers still have access to their shopping essentials. Customers can buy these cards online, top up and give to their family member, friend or volunteer to pay for their shopping without the hassle of using cash or bank cards. This approach also promotes a contactless way of shopping, essential for reducing risk. These volunteer cards can be bought at ASDA.com/volunteer

Green waste collection

West Suffolk Council has now suspended garden waste collections (brown bin) in order to maintain other essential services. The subscription year will be extended to compensate for this. If you need any further information, visit: www.westsuffolk.gov.uk Don't forget to wash your hands after moving your bins.

Hawstead oil cooperative

Don't forget our group oil order scheme – no payment up front so a minimum order of 500 litres doesn't attract a premium price. If you'd like to join the scheme, contact Mike Harrison:

mharrison151@btinternet.com

Next order due start of April, so go and check your tank now!

Easter competitions!

Chloe Baker has very kindly taken the lead organising a few Easter competitions for you to enjoy. The whole family can take part, and there will be prizes for the winners! Please email your entries direct to Chloe on chloppobybaker@outlook.com, together with the names and ages of any children (or adults!) involved and your address. **Please also include in the email that you are happy for your photos to be shared.**

A festive graphic for Easter competitions featuring yellow daffodils, green grass, and several decorated Easter eggs in shades of blue, orange, and yellow. The text is arranged in various shapes: a large vertical title, a central welcome message, and three informational boxes at the bottom.

Easter Competitions!

Best Of Luck!

Baults and Children Welcome to enter! More the merrier!

What: There are three competitions. You can enter one of them, or all of them!

- Easter/Spring Window Display** – Decorate your front window, with pictures, paints, ornaments, etc. Take ONE photograph and send it in!
- Character Egg** – Decorate an egg as your favourite movie character! E.g. Harry Potter, Nemo, etc., and send us a photograph of your entry!
- Easter Bonnet Competition** – Create an Easter Bonnet, make it the prettiest you possibly can, take a photograph and send it in!

When: Send us photographs of your entries by **Thursday 9 April**. We will then create a vote sheet. We will send the sheet out, and you can reply with 1 vote per household, per competition. So each house will get 3 votes in total. We will announce the winners of each competition on Monday 13 April by email, and then we will organise collection of the **PRIZES!**

How: Email your entries, names, ages of any children involved, and your address to chloppobybaker@outlook.com. Please also include in the email that you are **happy for your photos to be shared.** Events sponsored by Hawstead Community Council

Sowing seeds in Pinford End

Thanks to Dave and Judy Carter who snapped these terrific photos from their kitchen window – a reminder of how lucky we are to live rurally where we can appreciate the seasons and everything they bring.



*Photos courtesy of Dave and
Judy Carter*

Battle of the blossoms – the race is on!

The Hawstead Community Orchard has been established in the Millennium Field next to the Church. In the race to get started, the **plum "Herman"** is way out in the lead, with blossom having appeared already. No other sapling is so advanced. Photos were taken on Sunday 5th April. In the second one (close-up), you may hopefully be able to see that an insect is already taking an interest in the flowers' pollen.

You can see a gallery of photos on the village website of all the fruit tree varieties that have been planted: [Hawstead Parish Council - Orchard Tree Varieties 2020](#)

Contributor: Andy Parrett



Photos courtesy of Andy Parrett



Food deliveries and collection

Last Wednesday saw the first of our village food collections, which was tremendously successful – in fact there were so many requests for fruit and veg that Marksman will now be delivering twice a week (see below for details).

Updated twice weekly fruit and veg deliveries...

Marksman will now be delivery on Wednesday and Saturday mornings 10.30-11.30am starting from 8th April.

Please ensure that orders are placed before 9am the day before the delivery and that all payment is made prior.

Please also ensure that your order is part of the Hawstead Village Hall delivery.

The previous delivery was late so it might be worth coming to collect at the latter end of the 10.30-11.30 time slot. Due to huge demand, the supplier will be limiting orders to 20 per day (20 households, not items).

If there are more orders than this, Marksman will let you know that your order will be held until the next delivery.

This is to ensure everything fits into one van.

Please return all boxes and other packaging.



Wednesday's food collection at the village hall

The Friendly Loaf PRODUCE UPDATE

NOW ALSO AVAILABLE...

- Bread flour at £1.95 per kg
- Fresh yeast
- Salted or unsalted butter £1.40 each

BSE2020

Save our cafes, bars, pubs and restaurants

Join this Facebook page to check out all the local eateries still serving takeaways.

Litter picking

As so many of us are out and about walking, why not take a bag and collect litter as you go? Every little helps!



Fruit/Veggie Delivery to Hawstead **MARKSMAN PRODUCE LTD**

Starting 8 April, Villagers collect WEDNESDAYS and SATURDAYS from outside Hawstead Village Hall 10.30-11.30am • BYO bags
Self isolating or NHS/essential worker? Place your order and ask a Community Volunteer to collect and deliver on your behalf.

To order, email marksman.orders@gmail.com. They will confirm the price, email an invoice and you pay via BACS. There is a maximum of 20 orders for each delivery day, so if the date has reached its limit, your order will be moved to the next day/date. Make sure you say your order is for the **HAWSTEAD VILLAGE HALL DELIVERY**

Fruit Box
£10.00

6 Pears
8 Apples
6 Bananas
8 Satumas
5 Plums
500g Grapes
6 Oranges

Salad Box
£6.50

1 Iceberg Lettuce
1 Cucumber
1 Bunch of Celery
1 Red Pepper
1 Bunch of Spring Onion
6 Tomatoes
1 Vine of Cherry Tomatoes
1 Packet Beetroot

Vegetable Box
£10.00

10 Carrots
1 Cauliflour
1 Broccoli
6 Baking Potatoes
500g New Potatoes
1 Green Cabbage
1 Swede
3 Parsnips
4 Leeks
2 Brown Onions
2 Red Onions

Extras

Sack of Potatoes £9.00
Medium/thick sliced White or Wholemeal Bread £1.10 Each
2 litres Whole/semi-skimmed/skimmed Milk £1.10
30 Eggs (Caged) £3.95
30 Eggs (Free Range) £4.50

Order before 9am Tuesday for a Wednesday delivery, and before 9am on Friday for a Saturday delivery

DO NOT LEAVE THE VILLAGE UNLESS ABSOLUTELY NECESSARY

WOOD-FIRED PIZZA!

Pizza comes to Hawstead Village Hall

Visiting us on Tuesday 14 April is The Mobile Pizza Co., hopefully bringing us a semblance of normality. Pizzas will be served from 4pm onwards.

If you're self-isolating or shielding but would like a freshly made pizza, please ask a neighbour or village volunteer to help.

You can pay by card or cash (appropriate precautions are taken). If you require a gluten-free pizza base, please make this clear. Pre-orders are essential.

To order your pizza, email Susanne White on susanne@pamplin.me.uk (please don't contact the company, they are extremely busy). Susanne will need:

- Your name
- Your phone number
- Your email
- Your order details (including clear instructions for a gluten-free pizza)
- Your preferred time for collection (please be vague, if after 6 is good, please say so in case we receive lots of interest)

Susanne will collate the orders and email everyone on the Monday/Tuesday with a collection time as close to your preference as possible. **Payment can be made on the night. Your order is a firm commitment** to collect and pay but **you can cancel your request before midday on Monday 13th April. Susanne is taking orders from now until midday Monday 13th April.**

THE MOBILE PIZZA CO
EST. 2014

07982 427 483
ENQUIRIES@THEMOBILEPIZZACO.CO.UK
WWW.THEMOBILEPIZZACO.CO.UK

Facebook, Twitter, Instagram icons

WOOD FIRED PIZZA MENU

GARLIC BREAD Lashings of butter with fresh garlic oil	BBQ CHICKEN Chicken, peppers & red onion with a smokey BBQ sauce
GARLIC BREAD & CHEESE Lashings of butter with fresh garlic, garlic oil & our classic cheese blend	SWEET CHILLI CHICKEN Chicken & red onion with a sweet but slightly spicy sauce
MARGHERITA Rich tomato base & our classic cheese blend	CHICKEN & PESTO Chicken & pesto with a vibrant basil & parmesan sauce
VEGETARIAN Peppers, onions, sweetcorn, mushrooms & olives	MEAT FEAST Chicken, pepperoni & ham in abundance
PEPPERONI Authentic Italian pepperoni	SPICY MEAT FEAST Chicken, pepperoni & ham, jalapeno & chilli flakes
HAM & MUSHROOM Country style ham & locally sourced mushrooms	
HAM & PINEAPPLE Country style ham & chunked pineapple	

* Extra toppings / changes to set menu + £1.00

SMALL 7 INCH £5 **MEDIUM 9 INCH £8** **LARGE 12 INCH £12**

ASK FOR WEEKLY SPECIALS!!

Fish and Chips

Suffolk Mermaid Fish and Chips are continuing to serve around the villages. The nearest serving venues to Hawstead are:

Wednesdays: Raynesford Road, Great Whelnetham
4.45-5.20pm and Stanningfield Green 5.30-6pm

Thursdays: Cockfield Village Green 4.50-5.50pm

Visit their Facebook page for more details

Pubs offering takeaway services

Some local pubs are offering takeaway services for food/drink. Some are also hosting food banks.

Location	Where	What	Website
Bury St Edmunds	Beautiful Beers	Beer Off Sales	https://www.beautifulbeers.co.uk
	Casa	Drinks and takeaway	http://casabse.co.uk
	Old Cannon Brewery	Beer Off Sales	https://www.oldcannonbrewery.co.uk
	Petrus Wine Bar	Wine Off Sales	http://www.petruswinebar.co.uk/wpress
	The Station Steakhouse & Bar	Drinks and takeaway	The Station Steakhouse and Bar on FACEBOOK
Chevington	The Greyhound	Food Takeaway	https://www.chevingtongreyhound.co.uk
Hartest	Crown	Beer Off Sales/ Food Takeaway	https://thecrownhartest.co.uk
Horringer	The Beehive	Food Takeaway	https://thebeehivepub.com
Ingham	Brewshed Brewery	Beer Off Sales	https://brewshedbrewery.co.uk/2020/03/23/draught-beer-pop-up
Long Melford	Nethergate Brewery Tap	Beer Off Sales	https://nethergate.co.uk
Rougham	Bennett Arms	Food Takeaway	https://www.facebook.com/TheBennetArms
Stanningfield	Red House	Food Bank	https://www.theredhousesuffolk.co.uk
Stansfield	Hook the Cook	Beer Off Sales	https://hookthecook.co.uk
Whepstead	White Horse	Food Bank	https://www.thewhitehorsewhepstead.pub

Local Garden Centres offering delivery

WOOLPIT NURSERIES – <https://woolpitnurseries.co.uk/order-garden-plants/>

Free delivery within 15 miles of Woolpit for orders over £30

CHEDBURGH PLANT CENTRE

Free delivery service on orders over £30 within a 20-mile radius. Areas covered will be Monday - Bury St Edmunds
We can also deliver to surrounding villages. Product price list available on Facebook page. To place an order please call: 0777 4270865 or 01284 771855 between 10am and 4pm or email: chedburghplantcentre@gmail.com and clearly state your name, address and telephone number along with a clear list of the items you would like to order. Total up the amount you expect to pay and let us know how you prefer to pay (bank transfer or cash on delivery). Cash must be in an envelope and no change can be given.

ROUGHAM HALL NURSERIES - <https://www.rhn.me.uk/>

Collection only – order ahead and collect in a time slot. Plant sales and compost sales areas closed for browsing.
Order and request a collection slot by email at rhnsales@outlook.com

Free streaming from the Royal Opera House

The Royal Opera House is offering a free programme of online broadcasts. You can access full-length productions, masterclasses and behind-the-scenes content for free, anytime, anywhere. In April they'll be releasing the following:

- Cosi Fan Tutte 10th April
- The Metamorphosis 17th April
- Gloriana 24th April
- The Winter's Tale 1st May

Visit <https://www.roh.org.uk/streaming> for details of times and how to watch.

Information from West Suffolk Council

West Suffolk Council has issued guidance and information about how they are adapting and helping communities manage the coronavirus outbreak. The key points are:

1 The 2020 Christmas Fayre is CANCELLED.

2 All parking charges have been temporarily SUSPENDED (although you should not be in town in the first place!).

3 Garden Waste Collection Service SUSPENDED.

4 Grass cutting, street cleaning and tree work SCALED BACK.

5 All West Suffolk markets CLOSED.

6 Parks are to be kept OPEN for exercise, although all playgrounds are CLOSED.

7 Be EXTRA VIGILANT in relation to scams by email and text. NEVER pass on your personal information. Talk to someone else if you are not sure.

There is a wealth of information at [West Suffolk/Coronavirus](#)

Request from Rev Jeremy Parsons

Rev Parsons is looking to pull together some videos to bring some cheer to local care homes. The initial request was for children and young people to put some messages together for both staff and residents, but I'm sure he would welcome any volunteers or help. If you'd like more information or feel you can spare some time to either send some messages or collate them, please contact Jeremy at: rector@stedmundway.uk

Just for kids

Thank you to Rosie Donald, who has been sending a stack of great ideas and activities to keep the children entertained – why not try these...

Scavenger hunt: Nine fantastic scavenger hunt ideas that you can do at home and in the garden.

Print off these sheets or use them as inspiration to create your own: <https://www.thelondonmummy.com/9-scavenger-hunts-to-do-at-home-with-kids/>

Be creative: If your kids love a glue stick, junk modelling and letting their imaginations run wild, here are some stay-at-home challenges:

- Make a fantasy world out of a shoebox. Try underwater, a mythical land or space.
- Write a story or a poem for your fantasy world. You could do this as a comic strip.
- Do some junk modelling! Can you build something really tall? Can you build something strong enough to race toy cars over?
- Use an old sock and create a sock puppet. Can you put on a show? Can you write a play script for it?

Contributor: Rosie Donald



BASKET
BLESSINGS
BONNET
BOUQUET
BUNNY
CHICKS
CHILDREN
CHOCOLATES
CHURCH

DAFFODILS
DUCKS
DYE
EASTER
EGGS
FLOWERS
GRASS
GRATITUDE
HOPE

HUNT
JELLYBEANS
JOY
LIFE
PARADE
RABBIT
SPRING
SUNDAY



Easter crossword

Quiz corner

Huge thanks to Mike Sibley and Adrian Keane who have both taken the time to compile a quiz and a crossword to test both our general knowledge and our knowledge of Hawstead.

Good luck – all answers in the next issue.



From quizmaster Mike Sibley...

1. Who wrote the novel "For Whom the Bell Tolls?"
2. What is the relationship between Sheffield Wednesday and Maundy Thursday?
3. Who was the first man on the moon?
4. What is the population of the United Kingdom?
5. How many yards are there in a mile?
6. How many wives did King Henry VIII have? And can you name three of them?
7. How many feet are there in a mile?
8. What do you call a small restaurant?
9. What is the surface layer of the Earth called?
10. Can you name the capital of Canada? And of Australia?
11. What was the name of the city of New York before the British captured it?
12. Who won the last Rugby World Cup and who were the other finalists?
13. How many planets can you name?
14. Can you think of a word with no vowels

From crossword king Adrian Keane...

It is almost impossible to compile a crossword with universal appeal. After all, some people, every day, do a crossword that is cryptic (i.e. one where the answers to the clues are indicated in a way that is not obvious); others have never before done a crossword of any kind.



My aim has been to compile a puzzle that can be done by the former with only the occasional need to consult a dictionary, map or other source of information. However, my aim has also been to ensure that the puzzle can be done by the latter using online research – almost all the answers can be found by thoughtful use of the Google search engine (and in this sense, this crossword is unashamedly educational).

To give the puzzle a local flavour, some clues have answers that relate to Hawstead. I have flagged these up.

Some of the clues are cryptic. To encourage those of you who have never tried a cryptic crossword before, here are 3 tips.

1. Crossword compilers are fond of anagrams, i.e. words or phrases formed by using, in a different order, the letters of other words or phrases. Example:
 - Clue: Rod immerses drum – becomes TV whodunnit series (8,7)
 - Answer: Midsomer Murders

Note the use of the word 'becomes' to indicate that there is an anagram. Lots of different words can be used to signal an anagram: e.g. re-ordered, changed, etc

2. Crossword compilers are also fond of so-called 'internal anagrams', i.e. clues in which, if you look carefully enough, the answer itself can be found. Example:
 - Clue: Conserve – sip each Jamaican rum (5,3)
 - Answer: Peach jam
3. Compilers sometimes make use of the fact that some words sound just like other words, but the spelling is different. They are likely to alert you to this by the use of phrases like 'sounds like' or 'heard'. Example:
 - Clue: Sounds just like him to sing it in church (4)
 - Answer: Hymn

Whether you tackle this puzzle on your own or with the family, I hope that you have fun. If it takes you as long to solve it as it took me to compile it, then it will have met Anne's aim of keeping boredom at bay.

Across

1 Arrive to hide a bolt for holding together metal plates (5)

7 Order this hot drink with health benefits; the most popular in Japan is called sencha (1,5,3)

9 To make less tense; even laxer, if altered (5)

10 Hawstead home to a cold, stiff cross-legged fellow (3,6)

11 Yttrium aluminium garnet, imitation diamond (3)

12 What the poor living in this Hawstead castellated building had to be (9)

14 A mere trifle or negligible amount (9)

16 Belonging to him (3)

18 Lobster _____ (9)

20 Acronym for Environmentally Controlled Sustainable Integrated Agriculture (5)

21 One of Tuvalu's islands (9)

22 Ipse _____; Donald Trump often makes such a statement (5)

Down

1 Uncommon thing (6)

2 The triangular Hawstead plot that supplied corn in the second world war (7,5)

3 HMRC may conduct one of these to check your records (3,5)

4 Survival instructor who sounds as if he is cooking (first having taken all his clothes off!) (6)

5 Rave, sort of, about this female TV sleuth (4)

6 Polish composer and one of the greatest pianists of all time (6)

8 The date when, according to this old survey, Hawstead had 28 freemen and 3 slaves (3,6-3)

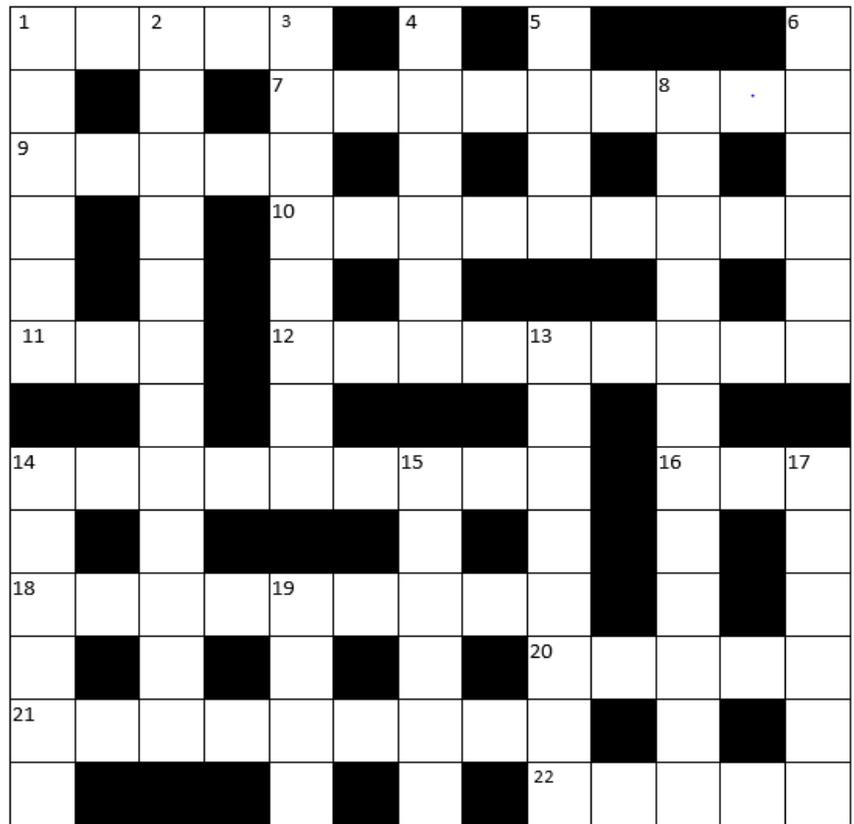
13 Staff of life from an East Sussex cinque port? (3,5)

14 Hawstead bachelor, benefactor and distiller born in 1733 sat for this celebrated Italian portraitist (6)

15 Cargo to be found inside, clad in green (6)

17 Hearing the heterosexual name of a road to Whepstead, a narrow passage of water connecting two seas (6)

19 Mummers do this (4)



Covid-19 government guidance

Clarification and guidance on social distancing can be found at: <https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others/full-guidance-on-staying-at-home-and-away-from-others>

Covid-19 extremely vulnerable, registration for support

It's been made apparent that some people who are extremely vulnerable and need to isolate for 12 weeks are still waiting for their shielding letters. If you have a medical condition that makes you extremely vulnerable to Covid-19 and have **not yet received your letter, you may need to register** to be sure authorities know you need support. You can **register yourself or ask someone else to do it for you**. Go here: <http://www.gov.uk/coronavirus-extremely-vulnerable>

Another useful site is:

<https://digital.nhs.uk/coronavirus/shielded-patient-list>

Do you have a contribution?

Please email Anne East direct on anneng100@googlemail.com if you have items or information to contribute to this newsletter.

Children's activities • Photographs of Hawstead • Ideas for gardening • Book reviews • Quizzes • Poetry • Jokes • Recipes • Nature • Prayer and meditation • Links to great online videos for exercise and crafting

We are keen to make this newsletter a positive read, so let's see what Hawstead residents can come up with...

Textile banks

Textile banks are **no longer being emptied**, so don't leave anything beside recycling banks. Please keep textile recycling at home for now.

Free plays from the National Theatre

The National Theatre is switching to its YouTube channel to offer a number of free plays to all. From April 2, under the banner of National Theatre at Home, every Thursday (7pm GMT/2pm EST) will see a new National Theatre play released – free to watch for one week – along with bonus content including cast and creative Q&As and post-stream talks.

There's a definite emphasis on family-friendly good cheer for the line-up so far, which kicks off with a big hitter: Richard Bean's beloved farce 'One Man, Two Guvnors', starring a pre-chat-show-days James Corden. Over the next few weeks you can expect a string of family-friendly titles. The initial programme is:

April 2 'One Man, Two Guvnors' by Richard Bean, starring James Corden. Read our review.

April 9 'Jane Eyre', adapted by Sally Cookson. Read our review.

April 16 'Treasure Island', adapted by Bryony Lavery. Read our review.

April 23 'Twelfth Night' by William Shakespeare, starring Tamsin Greig.