

ISSUE

08

1 July
2020

The Village Voice



Photos courtesy of Judy Carter

Welcome to our village newsletter

Thanks to Judy Carter for the photographs used here, a reminder of what a lovely, green village we live in. In this issue we announce the winners of our photography competition – a big congratulations to our winners and a big thank you to Lorna for organising and to everyone who took part. If you'd like anything featured in forthcoming issues, please send your contributions to: anneng100@googlemail.com, especially for pets corner and your favourite lockdown tunes.

Please remember, all our community volunteers remain ready and able to help out any villager. As lockdown begins to ease, we all remain in place to help minimise the number of trips out of the village and maximise the safety and wellbeing of our residents. Stay safe...

And the winners are...

Thank you to everyone who sent in their photos on the theme 'Looking Through'. Many thanks to Lorna Mayes for organising and selecting our winners.

Lorna has very kindly organised a prize for each of our winners so we shall be in touch in due course with details.

Winner of the children's category

George Campen (age 13)

Here's George's winning photo –
Looking through the hedgerow



Winner of the adult category

Andy Parrett

Here's Andy's winning photo – Venus through a lens. Andy achieved this spectacular star effect by placing a number of cotton threads in front of the camera lens!



Congratulations to both our winners – very well deserved. Lorna has a little prize for each of you. I will be in contact over the next few days to arrange this!

Thank you to our entrants...

Thank you to everyone to who took part in our competition. It was lovely to see all your entries. Keep your eyes peeled for other new competitions in future issues. Next time, you could be one of our winners! Here are the other entries received.



*Sunset through the trees by
Laura Eastwood (adult category)*



*Dusk across Hawstead through a globe by
Hannah Pamplin (adult category)*



*Looking through blades of grass
by Tabitha East (age 9)*

HAWSTEAD PLAY AREA

The play area next to the village hall will be reopening on Saturday 4 July subject to responsible behaviour. If you and your children are planning to visit it, please take personal responsibility for the additional hygiene requirements necessary to combat the current COVID pandemic. Bring your own hand gel and wipes, and please maintain your social distance from other households. Take special care with gate latches. Thank you.

Future issues of the Village Voice

Susanne and I have agreed that we will continue to produce issues of the Village Voice after lockdown – hurrah! We'll move from the current every two and half weeks (or so) editions to a once a month issue similar to the Hawstead Journal. For villagers not familiar with the Hawstead Journal, it was essentially our regular bulletin with news and updates from around the village. It had been managed by a raft of volunteers over the years and most recently brilliantly produced (as a hard copy) by Dave and Judy Carter.

In terms of future content, we'll keep doing what we're currently doing. However, once all the regular activities start up again (which hopefully they will), it would be great to receive updates as they appeared in the Hawstead Journal. For example: book club meetings and book choices, village hall activities and so forth. Of course, if there is anything else at all you would like to see featured, please let us know – don't be shy. The Village Voice is for the village, so it's much better you tell us what you'd like to see rather than us merrily spouting content you don't!

So, a little bit about me. I live at Pinford End with husband Toby and our two daughters, Tabitha and Cordelia. We've lived here for about 10 years now (time has flown!), having moved up from Surrey which is where I'm from. I had been working in London in retail fashion buying. After deciding there was more to life than very late nights and commuting on hot, sweaty tubes, we decided to relocate to East Anglia permanently, where Toby's business was based. Now I'm a writer and work from home, having taken voluntary redundancy from what was Play.com (an ecommerce website) and doing a stint at West Suffolk Council rewriting their website several years ago. And before you ask,



sadly I don't write anything particularly interesting – it's mainly insurance product guides for comparison websites, personal finance and business blogs.

We have a lovely black Labrador called Otis, who you may see out and about with us. Otis' favourite walk is The Cranks, where there are lots of interesting things for him to sniff (and some not so delightful things for him to eat!).

Uh-oh! The children have hammers!



Out and about around Hawstead

Andy Parrett has taken these lovely scenic photos which you can see first hand if you treat yourself to walk number 2 that was featured in VV issues 3 and 4. You can also find the walks on the Hawstead Parish Council website under the heading [‘Leisure time’](#).



Coldham Hall from the drive to the house from Lawshall Road.



You'll pass by a small lake down the hill from Rockwood Hall



Approaching the farm buildings of Little Rockwood Farm along the charming green lane called Mill Lane (starts opposite Mill House on Stanningfield Road).

The footpath back up to Lawshall Road cuts across this large field of barley. This view looks back towards Rockwood Hall, which is hidden behind the trees



HAMILTON on Disney Plus 3 July

Few pieces of musical theatre have captured the imagination of the public in recent times to anywhere near the extent of Lin Manuel Miranda's *Hamilton* – and very soon fans will be treated to a front row seat. That's because a filmed version of the original Broadway production is showing on Disney Plus from Friday 3 July. If you don't already subscribe, *Hamilton* is a great reason to start...



July garden jobs

Here are a few more jobs to do in the garden for July that I've taken from various gardening websites.

- 1) Feed and deadhead flowers to keep blooms coming back.
- 2) If you have sweet peas, keep them well watered and fed, picking flowers every few days, remove seed pods to prolong flowering.
- 3) Give dahlias some liquid feed and keep well watered.
- 4) If you're planning ahead, start sowing biennials like foxgloves and forget-me-knots ready for next year.
- 5) Plant out summer bedding plants.
- 6) Shade greenhouses to prevent plants from getting too hot.
- 7) Check veggie plants for bugs and remove.
- 8) Sow batches of peas and dwarf beans for autumn crops.
- 9) Cover any brassicas with net if you can to prevent butterflies from laying their eggs on them.
- 10) Keep picking courgettes regularly (unless you like marrows).



Create your own compost

We have a couple of composting bins. When we first got them, we were a bit doubtful about how (and if) they would work... the whole concept of creating your own compost and growing veggies was all a bit *Good Life* and seemed rather alien. However I can safely say that the composting works and we're getting there with the veg!



If you've not tried home composting, it's worth a go and means you don't need to put so much raw food waste into the regular bin. Gardeners World has some tips and advice, which you can find at: [Gardeners World/How to make compost](#) (and if we can do it, believe me, anyone can!).



Hawstead Church

Judy Carter has spotted four separate entrances to the church at Hawstead, some of which came as a complete surprise to her! Here are photographs of the various entrances. See if you can spot them next time you walk through the churchyard.



Just for kids

If your children aren't back to school until September, here are some extra bits and pieces to keep them entertained indoors and out. Thank goodness the weather has been on our side!



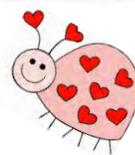
Create a miniature garden

You can either do this 'for real' using soil and grass seeds (and you can then cut the grass as our youngest enjoys doing – leaving the cuttings on the carpet, of course). Or, you could simply create a garden using soil, moss, twigs, flowers and leaves and other bits and bobs from the garden. I'm sure a few mini plastic dinosaurs or animals could make an appearance too if you went for a Jurassic or safari theme.



Natural paint brushes

This is a great idea from website www.messylittlemonster.com. Kids can make their very own paintbrushes using plants, feathers or even just twigs. See what pattern each 'brush' makes. Best of all, if you do this all outside, there won't be any paint left on the floor inside!



Joke corner

What do you call a dinosaur that's sleeping?

- *Dino-snore!*

Why did the teddy bear not want pudding?

- *Because it was stuffed!*

What did the left eye say to the right eye?

- *Between us, something smells!*

What did the policeman say to his tummy?

- *You are under a vest!*



Recipe: Broad bean salad

A friend of mine made this for a summer barbecue and it was delicious, and perfect for light suppers with fish or chicken. The original recipe is by Jack Monroe.

Method

- 1) Boil a pan of water and simmer the broad beans for a couple of minutes until tender. Drain and put into a bowl. Add the lemon zest to the broad beans.
- 2) Crush (or chop) the garlic clove. Put the garlic in a jar, add the lemon juice and oil and then shake – this will be the dressing.



- 3) Toss the beans with the spinach, rocket and watercress, then top with the cheese shavings. Dress and season as you wish.

Tip: Add crispy bacon to liven it up and, of course, any salad leaves will do.

Ingredients for two people:

- 140g broad beans (frozen is fine and a lot less effort)
- Juice and zest of half a lemon
- 1 garlic clove
- 1 tbsp oil
- 50g spinach, rocket and watercress
- Handful of mint
- Salt and pepper for seasoning
- 40g hard cheese, shaved

Recipe: Smoked salmon pate

Ingredients:

- One packet of smoked salmon (approx. 150g)
- One tub of soft cheese (approx. 200g)
- Juice of half a lemon
- Chives or dill
- Pepper for seasoning

This is literally a 'blitz it and you're done' recipe. It's completely adaptable to your own taste and fish preferences. I've also used tinned sardines instead of salmon, which works well (minus the herbs).



- 1) If you've got salmon trimmings, put them in a food processor. If you've got salmon strips, it's best to chop them into smaller pieces first. Add the soft cheese and combine. It's entirely up to you how smooth or chunky you want your pate.

- 2) Mix in the lemon juice to taste, season with pepper and add the herbs.

Tip: I don't usually have dill lying around the house so often just leave it out. The recipe is also nice if you use the soft cheese flavoured with garlic and herbs instead of plain.

~~Desert-island~~ Village lockdown discs

Thank you to Andy Parrett who shares his top albums with us in this issue. Choosing a top ten is harder than it first appears, which Andy has discovered. Here's what he has to say:

I have recently taken part in an online exercise, nominating the 10 albums that have influenced my musical taste (perhaps you have too?). As I can't get my song list down below 30, I've decided to submit a slightly modified list of albums – though you'll see that I mention a number of individual songs along the way. 'Favourite' is fairly well related to 'influenced', but you'll appreciate that the emphasis is on 1969–1973: a formative time in my case!

- 1) **Abbey Road** *The Beatles* (1969) There's got to be a disc from The Beatles: I chose this because a) I love the medley of songs at the end of side 2 and b) 'Here Comes the Sun' reminds me of a trip I made to Eastern Canada in 1972 to photograph an eclipse of the Sun when someone blasted this out from a nearby car cassette player.
- 2) **Santana** *Santana* (1969) Their first album and a real cracker of 'Latin rock'. It's timeless, full of energy and a real candidate for turning up the volume!
- 3) **Crosby, Stills and Nash** *David Crosby, Stephen Stills and Graham Nash* (1969) I saw them (plus Neil Young – and others) in concert at Wembley Stadium in 1974. If I wanted to include Young I could have chosen 'Déjà vu', another excellent collection of songs, but this has 'Suite: Judy Blue Eyes' (Stills' song for Judy Collins), a real favourite of mine, so I'm going for this one.
- 4) **Led Zeppelin IV** *Led Zeppelin* (1971) I saw them in concert at Knebworth House, Hertfordshire in the Summer of 1979: blow me down, I've just found that there's a film of the concert on YouTube!! (must watch – we were miles from the stage!) On the review and information website AllMusic.com, all six albums they put out between 1969 and 1975 have been given 5 out of 5 stars by both reviewers and 'users'. This one has 'Stairway to Heaven' on it. Say no more!
- 5) **Tapestry** *Carole King* (1971) This is a lovely album of songs which in my opinion are of a consistently high quality penned by Carole King on her own or with co-writers. (I actually think I prefer James Taylor singing 'You've got a Friend', but anyway it's a fine song!)
- 6) **Eat A Peach** *Allman Brothers Band* (1972) When I was working on a summer camp in Vermont, USA in 1972, the Allmans was one of really only three bands at the top of the rock music tree (the other two being Grateful Dead and Derek & the Dominoes).



'Eat a Peach' from this Southern blues-rock band is a double and has live recordings on it from their Fillmore East, New York concerts including the 33 minute 'Mountain Jam' which is based on Donovan's song 'First there is a Mountain'



7) **Dark Side of the Moon** *Pink Floyd* (1973) Some Pink Floyd music is a bit weird, particularly prior to this disc, and later the band became a vehicle for Roger Waters' personal propaganda projects. But this album hit the proverbial nail on the head musically and, according to Wikipedia, it's the fourth biggest selling album of all time ('Thriller' comes top). The next offering "Wish You Were Here" was equally excellent, but I'm going for this one as a consistent offering of nine great songs (with a funny little extra bit at the beginning).



8) **Graceland** *Paul Simon* (1986) Some cracking songs here, from Paul Simon's African sounds project: 'Diamonds on the Soles of Her Shoes', 'You Can Call Me Al' (which gave rise to a memorable video with Chevy Chase) and the title track are my favourites. I recall that I bought the album in the HMV shop in Oxford Street for my wife Angela – either for a birthday or Christmas present (we can't remember which!).

9) **I'm Your Man** *Leonard Cohen* (1988) I believe that I have all of Leonard Cohen's studio albums right up to the last (posthumous) one. In my opinion, he wrote very few poor songs, and the melodies are almost all memorable. Listening again, I admit that in earlier records his voice is rather doleful. By the time of this one, I think his voice has matured and improved!

10) **The Long Way Home** *Show of Hands* (2016) In recent years I've taken an interest in other styles of music, and 'folk' is one of them. (We like to attend the Milkmaid Folk Club in Bury from time to time.) I came to like Show of Hands, a duo from Devon, after seeing them at the Playhouse next to The Globe theatre in London (with tickets passed from friends who couldn't go). They are both contemporary songwriters and performers of traditional songs – and are due to come to the Apex next November.



Fingers crossed! By the way, in 2006 they were voted 'Greatest Devonians Ever' in a poll run by Devon County Council, beating Sir Francis Drake and other West Country notables! This album formed the core of the London concert, and I got my copy signed!

Postscript: I noticed that in VV7 Geraldine referred to a favourite film. Well my top favourite film is '2001: A Space Odyssey', and if I were compiling a list of favourite classical pieces, it would include the "Blue Danube Waltz" which features towards the beginning of the film as a space craft approaches and docks with a space station – a beautiful marriage of film and music.

Contributor: Andy Parrett

Please send your 10 favourite pieces of music, together with the reasons why, to anneng100@googlemail.com

Words of wisdom

Thank you to Judy Carter for sending this thoughtful passage containing some timely and sage advice.

Judy says:

Someone gave it to my father after he lost my mother, and he kept it pinned up on the wall for 10 years until he passed away. I feel it is more relevant than ever in these uncertain times! I understood the author to be anonymous, but there seems to be some discrepancy about this, and it could have been written by Eduardo Galeano, a Uruguayan journalist.



Happiness is a Journey

We convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough and we'll be more content when they are. After that, we are frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage. We tell ourselves that our life will be complete when our spouse gets his or her act together, when we get a nicer car, are able to go on a nice vacation, when we retire. The truth is, there's no better time to be happy than right now. If not now, when? Your life will always be filled with challenges. It's best to admit this to yourself and decide to be happy anyway.

One of my favorite quotes comes from Alfred D Souza. He said, "For a long time it had seemed to me that life was about to begin – real life. But there was always some obstacle in the way, something to be gotten through first, some unfinished business, time still to be served, a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life."

This perspective has helped me to see that there is no way to happiness. Happiness is the way. So, treasure every moment that you have. And treasure it more because you shared it with someone special, special enough to spend your time... and remember that time waits for no one... So stop waiting until you finish school, until you go back to school, until you lose ten pounds, until you gain ten pounds, until you have kids, until your kids leave the house, until you start work, until you retire, until you get married, until you get divorced, until Friday night, until Sunday morning, until you get a new car or home, until your car or home is paid off, until spring, until summer, until fall, until winter, until you are off welfare, until the first or the fifteenth, until your song comes on, until you've had a drink, until you've sobered up, until you die, until you are born again to decide that there is no better time than right now to be happy... Happiness is a journey, not a destination.

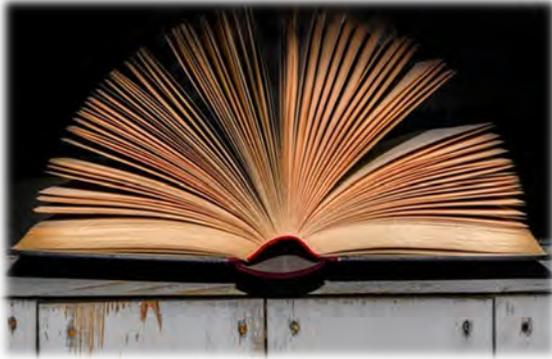
Work like you don't need money,
Love like you've never been hurt,
And dance like no one's watching.

Contributor: Judy Carter



For those of us wot speak English

My father-in-law sent me an email with this title, and beneath was this excellent reminder of just how tricky the English language can be. As someone trying to learn Spanish, I thought it was hard enough trying to remember nouns as either feminine or masculine. But at least those can be learnt, whereas the following often rely on context.



- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) We must polish the Polish furniture.
- 5) He could lead if he would get the lead out.

- 6) The soldier decided to desert his dessert in the desert.
- 7) A bass was painted on the head of the bass drum.
- 8) I did not object to the object.
- 9) The insurance was invalid for the invalid.
- 10) There was a row among the oarsmen about how to row.
- 11) They were too close to the door to close it.
- 12) The buck does funny things when the does are present.
- 13) A seamstress and a sewer fell down into a sewer line.
- 14) To help with planting, the farmer taught his sow to sow.
- 15) The wind was too strong to wind the sail.
- 16) Upon seeing the tear in the painting, I shed a tear.
- 17) I had to subject the subject to a series of tests.
- 18) Since there is no time like the present, he thought it was time to present the present.





Quiz corner with Mike Sibley

For all our quiz fans, here's another set of questions to get you thinking and guessing – answers in the next issue.

If you fancy having a go and setting a quiz or sharing riddles, please send your contributions to anneng100@googlemail.com.

1. Who was Alan Turing and what part did he play in the development of the computer?
2. What is the shortest distance between England and France?
3. Can you name the four provinces of Ireland?
4. What was the English coinage system before joining the European Union?
5. Can you name three members of the group involved in the Gunpowder Plot to blow up Parliament?
6. What is the minimum number for a meeting?
7. What is the motto of the Boy Scouts?
8. What do William Shakespeare, William Wordsworth and Lord Byron have in common?
9. What is the Russian currency?
10. A volcano in Sicily still erupts from time to time. What is its name?
11. Whose statue was recently pulled down in Bristol?
12. Who did the American government buy Alaska from in 1867?
13. What was the nationality of the composer/pianist Frederick Chopin?
14. Who introduced tobacco and potatoes to Britain?
15. Do you know the origin of the word “posh”?

Answers from last week...

Mike Sibley's quiz answers from issue 7

1. Boris Johnson was born in New York.
2. Alfred Nobel invented dynamite. He instituted the Nobel Prize which is awarded annually.
3. Thomas Lord, who owned the first ground in Dorset Square, Marylebone, London.
4. 27 countries remain in the EU after the UK withdrawal.
5. Ceylon.
6. Eric Idle.
7. The Statue of Liberty was presented to the American nation by the French to commemorate the Franco-American alliance in the American Revolution.
8. Balsa.
9. The river Tiber.
10. During the Soviet period, St Petersburg was called Leningrad.
11. 1953 was the year Elizabeth was crowned queen.
12. Mary Tudor, sister of Henry VIII and Duchess of Suffolk.
13. Racing is the sport of kings.
14. In Rome, producers of genuine marble inscribed the Latin words "sine cera" (without wax) on their marble. This was because producers of inferior marble rubbed wax on the surface of their marble to give it a sheen.
15. Dog and bone (phone); apples and pears (stairs); trouble and strife (wife); what's the bird lime? (time); bubble and squeak (Greek)

How well do you know Hawstead? Answers from issue 7

- A. Straw pheasant on thatch roof, 10 The Pound
- B. Market Path footpath
- C. Detail on our village sign at The Pound
- D. Pinford End bridge
- E. Car park sign at All Saints church
- F. Wooden bridge, Church Road, Pinford End
- G. Gate post, The Old Rectory
- H. Commonwealth War Graves Commission sign, All Saints church
- I. Cullum House, Church Road
- J. Post box, The Pound

Cineworld

Cineworld is planning to reopen its doors on 10 July, starting by showing a few newish films you may have missed prior to lockdown, as well as a few classics:

- Sonic the Hedgehog
- Bad Boys for Life
- Queen & Slim
- The Empire Strikes Back
- Goodfellas
- The Shawshank Redemption
- Back to the Future

Abbeygate Cinema

Abbeygate Cinema on Hatters Lane is also reopening on 10 July.

- 4 July – No 4 Restaurant opens – A selection of favourite dishes from the Menu available for daytimes through to 3pm.
- 10 July – Cinema screenings begin – A selection of favourite film titles, hits of the last few years, audience requests, plus of course Screen Arts highlights will play out over Matinee/Teatime screenings

National Theatre at home

Also updating their streaming offer on a regular basis is the National Theatre:

- A Midsummer Night's Dream – streaming on YouTube until 2 July.
- Les Blancs – streaming Thursday 2–9 July



Films revisited

Some films stay with you long after you've switched off the TV or left the cinema. Here are three that do just that:

- **Days of Glory** – (Indigènes) Four Algerian men decide to fight for France during the second world war in the belief it will give them equality in the eyes of their European counterparts (Algeria was a colony at the time). They face the realities of not just war, but discrimination despite their sacrifices. French & Arabic.
- **The Orphanage** (El orfanato) A woman moves back to her childhood home (a former orphanage). One day her son starts to communicate with invisible friends. This isn't terrifyingly scary, it's more unsettling (but not in a way that will give you nightmares). Spanish.
- **Pan's Labyrinth** (El laberinto del fauno) Fantasy film set in Spain, 1944. A young girl enters a mythical other world and must complete a series of tasks to prove her immortal heritage. A grown-up fairy tale. Visually stunning when it was released in 2006. Spanish.

Hawstead Village Hall

Please note that the VILLAGE HALL IS CURRENTLY CLOSED, except for our twice weekly food deliveries.

Please contact bookings@hawsteadvillagehall.co.uk if you have any enquiries or requests. Please **do not use the village hall car park as overflow personal parking at any time.** Hawstead play area will be opening from Saturday 4 July.

Thank You Phil

A special thank you to villager Phil Battel, who gave some of his time to the village hall to paint our two high window frames. Phil is our resident plasterer, so if you need any such work doing, give him a call!



Newspapers from the archives

Mike Sibley discovered two vintage newspapers while clearing out his attic. They are:

News Chronicle dated Saturday 1 October 1949 and was priced at one penny. Historically interesting as it gives a picture of life in Britain while rationing was still enforced and provides some insight into how tough life was immediately after WW2.

The Star dated 1 October 1949. The headline is: Burnley end Chelsea's run. The paper also headlines delivery of London's 6 pence meat bonus is held up indefinitely by the Smithfield porters.

If these are of interest to anyone in the village, please contact Mike directly at: mikesibley@btinternet.com

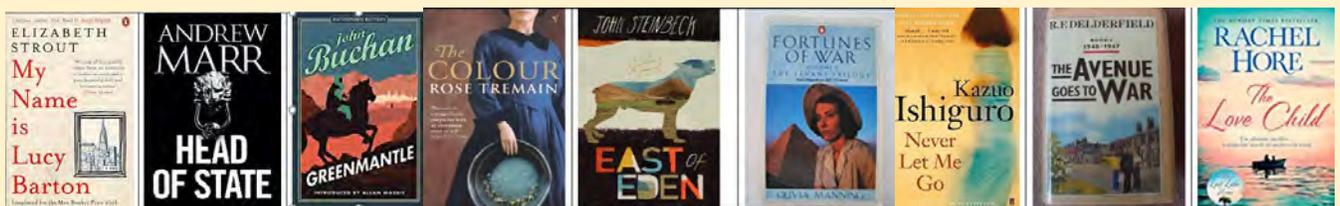
Book exchange – last call

Geraldine West has a new selection of books that she is happy to pass on and deliver to you. Please contact her directly at: geraldinewest@waitrose.com to see what's available. Please note that covers may differ from those shown.

Non-fiction



Fiction



DVD exchange – last call

Geraldine West has a selection of DVDs that she is happy to pass on and deliver to you. None have been watched more than once, and a few not at all! All are in good condition.

Please contact her directly at: geraldinewest@waitrose.com to see what's available.



Jokes from the archives

In the last issue we asked for any jokes or riddles you may have that you'd like to share. John West has been able to dig out a few from some previous editions of the Hawstead Journal, so here they are:

A local window cleaner had had his ladder stolen.

Police say steps are being taken

President Bush visited an old people's home.

He shook hands with an aged man saying "Do you know who I am?"

The old man replied "if you want to know that, you'll have to ask at reception!"

Limerick

I can't take credit for this, I found it on the internet, but it made me laugh:

A creature of charm is the gerbil

Its diet's exclusively herbal

It grazes all day

On bunches of hay

Passing gas with an elegant gurgle!

What do you call...

...an angry pig?

- Disgruntled

Community Services

Hennessey's Farm Shop & Butchery Now Open!

On the A134 between Bradfield Combust and Sicklesmere, Hennessey's Farm Shop and Butchery is now open for business!

Opening Times: Mon-Sat 9am – 6pm, Sun 10am – 4pm.

Quality Produce, including: fruit, veg, dairy, cheeses, deli, meats (butchery), sandwiches & salads (all made fresh), and wine. Takeaway: coffees and a small takeaway menu for food. Local deliveries: a delivery service available for local residents.

Tel: 01284 386015

Overland Business
Park, A134 Sudbury
Road, Great
Whelnetham,
IP30 0UL



Hawstead Play Areas – Open from Saturday 4 July

We are happy to report that our village play areas will reopen on Saturday 4 July in accordance with the guidelines published on the Government's website. Our priority now is to **minimise any risk of spreading disease**.

While the virus dies more quickly outside because of the action of rain and sunlight, it can still remain on hard surfaces for a number of hours. **Please bring your own hand sanitiser and antiseptic wipes with you.** Remember to **wash hands when you get home**.

Pieces of equipment in the playground, including individual swings, are well spaced, and we don't anticipate the need for a one-way system. But we have taped off the central swing in the group of three metal swings in the far corner of the green to maintain social distancing.

Please use your discretion and keep to your own social 'bubble'. Children from different households should not be mixing. We will monitor its use over the coming weeks. So long as families are seen to be behaving responsibly, it will remain open, subject to Government guidance.

Community Services

Medication

- **Angel Hill Surgery** – A villager is happy to bring your medication to the village hall or your local Hawstead community volunteer. If you'd like this service, please contact Susanne White:
susanne@pamplin.me.uk
- **Victoria Surgery** – If you're elderly or self-isolating and need your medication delivered, please contact the surgery's dispensary team between 2pm and 6pm on 01284 725550.
- **Village volunteers can also collect your medication from any surgery in Bury St Edmunds.** Please contact them direct.

Hawstead Volunteer Group

Our team of volunteers remains active and able to help. Please call upon a member should you have any problems.

Fish home delivery

Prompt and professional home delivery service from
<https://marrfish.co.uk>.

Emergency local trades

- Justin Mayes – plumber (emergencies only), tel: 07825 325584.
- The Clean Plumber – plumber (emergencies only), tel: 01284 765453 www.thecleanplumber.co.uk
- Kevin Seggie – electrician (emergencies only) tel: 01284 830786, 07768 108157.

Sicklesmere Stores

For anyone who was not aware, the Sicklesmere Stores have been flooded. A Go Fund Me page has been set up to help get Caroline and Daryn get back on their feet. Should you wish (and are able) to donate, go to:
<https://www.gofundme.com/f/raising-money-for-village-shop-back-in-business> In the meantime, the shop is still delivering newspapers.



Church services

All face-to-face services are currently suspended, but you can still take part in virtual services. To find out more, go to the **St Edmund Way** Facebook page which can be found at: www.facebook.com/stedmundway If you would like to speak with Rev Jeremy Parsons, you can contact him at: Tel: 01284 846166
Email: rector@stedmundway.uk

St Edmundsbury Cathedral

Live streaming daily. Go to stedscathedral.org/worship for direct links.

Now open for private prayer, 10-4, Tuesdays to Saturdays.

St Edmunds Catholic Church

Watch Mass online at
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